

































Bay Head, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:51	0.3	6:12	0.3			12:30	0.1	7:18	4:41	
2	Mon	6:47	0.3	7:10	0.3	12:30	0.0	1:23	0.1	7:18	4:42	
3	Tue	7:39	0.3	8:04	0.3	1:17	0.0	2:11	0.0	7:18	4:43	
4	Wed	8:26	0.3	8:52	0.3	2:02	0.0	2:57	0.0	7:18	4:43	
5	Thu	9:08	0.3	9:36	0.3	2:46	0.0	3:42	0.0	7:18	4:44	
6	Fri	9:48	0.3	10:17	0.3	3:30	0.0	4:25	0.0	7:18	4:45	
7	Sat	10:25	0.3	10:58	0.3	4:13	0.0	5:05	-0.1	7:18	4:46	
8	Sun	11:02	0.3	11:38	0.3	4:55	0.0	5:43	-0.1	7:18	4:47	
9	Mon	11:38	0.3			5:34	0.1	6:18	0.0	7:17	4:48	
10	Tue	12:19	0.3	12:13	0.3	6:11	0.1	6:51	0.0	7:17	4:49	
11	Wed	1:00	0.3	12:49	0.3	6:46	0.1	7:24	0.0	7:17	4:50	
12	Thu	1:41	0.3	1:29	0.3	7:24	0.2	7:57	0.1	7:17	4:51	
13	Fri	2:23	0.3	2:13	0.3	8:07	0.2	8:34	0.1	7:16	4:52	
14	Sat	3:07	0.3	3:03	0.3	9:03	0.3	9:22	0.1	7:16	4:53	
15	Sun	3:52	0.3	3:57	0.3	10:15	0.3	10:23	0.1	7:16	4:55	
16	Mon	4:43	0.3	4:57	0.3	11:28	0.2	11:28	0.1	7:15	4:56	
17	Tue	5:42	0.3	6:06	0.3			12:34	0.1	7:15	4:57	
18	Wed	6:48	0.3	7:18	0.3	12:31	0.0	1:33	0.0	7:14	4:58	
19	Thu	7:51	0.4	8:21	0.3	1:30	-0.1	2:29	-0.2	7:14	4:59	
20	Fri	8:48	0.4	9:17	0.3	2:28	-0.2	3:24	-0.3	7:13	5:00	
21	Sat	9:41	0.4	10:10	0.3	3:26	-0.3	4:18	-0.4	7:13	5:01	
22	Sun	10:33	0.4	11:03	0.3	4:22	-0.3	5:09	-0.5	7:12	5:02	
23	Mon	11:25	0.4	11:56	0.3	5:16	-0.4	5:57	-0.5	7:11	5:04	
24	Tue			12:17	0.4	6:08	-0.3	6:43	-0.5	7:11	5:05	
25	Wed	12:51	0.3	1:10	0.4	6:59	-0.3	7:29	-0.4	7:10	5:06	
26	Thu	1:46	0.3	2:04	0.3	7:51	-0.1	8:16	-0.3	7:09	5:07	
27	Fri	2:39	0.3	2:57	0.3	8:48	0.0	9:07	-0.1	7:09	5:08	
28	Sat	3:31	0.3	3:50	0.3	9:52	0.1	10:02	0.0	7:08	5:10	
29	Sun	4:22	0.3	4:43	0.3	10:59	0.2	11:00	0.1	7:07	5:11	
30	Mon	5:14	0.3	5:40	0.2			12:01	0.2	7:06	5:12	
31	Tue	6:11	0.3	6:42	0.2			12:58	0.1	7:05	5:13	