

































## Bay Head, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:32	0.3	6:11	0.2			12:27	0.2	6:29	5:47	
2	Thu	6:35	0.3	7:13	0.2	12:20	0.3	1:19	0.2	6:27	5:48	
3	Fri	7:34	0.3	8:07	0.3	1:13	0.2	2:06	0.1	6:26	5:49	
4	Sat	8:23	0.3	8:52	0.3	2:02	0.2	2:48	0.1	6:24	5:50	
5	Sun	9:05	0.3	9:32	0.3	2:47	0.1	3:29	0.0	6:23	5:52	
6	Mon	9:42	0.3	10:09	0.3	3:31	0.0	4:07	-0.1	6:21	5:53	
7	Tue	10:17	0.3	10:43	0.3	4:13	0.0	4:44	-0.1	6:20	5:54	
8	Wed	10:50	0.3	11:15	0.3	4:53	-0.1	5:18	-0.1	6:18	5:55	
9	Thu	11:22	0.3	11:47	0.3	5:31	-0.1	5:49	-0.1	6:17	5:56	
10	Fri	11:55	0.3			6:08	0.0	6:18	0.0	6:15	5:57	
11	Sat	12:21	0.3	12:32	0.3	6:44	0.0	6:48	0.0	6:13	5:58	
12	Sun	12:59	0.3	2:17	0.3	8:24	0.0	8:21	0.1	7:12	6:59	
13	Mon	2:47	0.3	3:12	0.3	9:13	0.1	9:04	0.1	7:10	7:00	
14	Tue	3:44	0.3	4:14	0.3	10:18	0.2	10:08	0.2	7:09	7:01	
15	Wed	4:46	0.3	5:20	0.3	11:38	0.2	11:37	0.2	7:07	7:02	
16	Thu	5:53	0.3	6:32	0.3			12:52	0.1	7:05	7:03	
17	Fri	7:06	0.3	7:46	0.3	12:58	0.1	1:55	0.0	7:04	7:04	
18	Sat	8:17	0.4	8:52	0.3	2:05	0.0	2:51	-0.1	7:02	7:05	
19	Sun	9:17	0.4	9:47	0.3	3:05	-0.1	3:43	-0.2	7:01	7:06	
20	Mon	10:10	0.4	10:37	0.4	4:01	-0.2	4:32	-0.3	6:59	7:07	
21	Tue	10:58	0.4	11:23	0.4	4:54	-0.3	5:19	-0.4	6:57	7:08	
22	Wed	11:45	0.4			5:45	-0.3	6:04	-0.4	6:56	7:10	
23	Thu	12:09	0.4	12:31	0.4	6:33	-0.3	6:46	-0.3	6:54	7:11	
24	Fri	12:54	0.4	1:19	0.3	7:18	-0.2	7:26	-0.2	6:52	7:12	
25	Sat	1:39	0.4	2:08	0.3	8:03	-0.1	8:05	0.0	6:51	7:13	
26	Sun	2:26	0.3	2:59	0.3	8:49	0.0	8:46	0.1	6:49	7:14	
27	Mon	3:15	0.3	3:53	0.3	9:40	0.2	9:32	0.3	6:48	7:15	
28	Tue	4:06	0.3	4:46	0.3	10:40	0.3	10:31	0.4	6:46	7:16	
29	Wed	4:58	0.3	5:40	0.3	11:47	0.3	11:41	0.4	6:44	7:17	
30	Thu	5:53	0.3	6:38	0.3			12:50	0.3	6:43	7:18	
31	Fri	6:54	0.3	7:39	0.3	12:48	0.4	1:43	0.3	6:41	7:19	