

































Bay Head, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:53	0.3	1:49	0.3	7:30	0.2	8:09	0.1	7:18	4:41	
2	Tue	2:39	0.3	2:33	0.3	8:16	0.3	8:51	0.2	7:18	4:42	
3	Wed	3:23	0.3	3:18	0.3	9:11	0.4	9:38	0.2	7:18	4:42	
4	Thu	4:06	0.3	4:04	0.3	10:16	0.4	10:31	0.2	7:18	4:43	
5	Fri	4:50	0.3	4:54	0.2	11:21	0.3	11:25	0.2	7:18	4:44	
6	Sat	5:39	0.3	5:53	0.2			12:21	0.2	7:18	4:45	
7	Sun	6:34	0.3	6:57	0.2	12:18	0.2	1:15	0.1	7:18	4:46	
8	Mon	7:29	0.3	7:56	0.3	1:09	0.1	2:06	0.0	7:18	4:47	
9	Tue	8:21	0.4	8:48	0.3	2:00	0.0	2:57	-0.1	7:18	4:48	
10	Wed	9:09	0.4	9:37	0.3	2:51	-0.1	3:48	-0.2	7:17	4:49	
11	Thu	9:57	0.4	10:25	0.3	3:43	-0.2	4:37	-0.3	7:17	4:50	
12	Fri	10:45	0.4	11:15	0.3	4:36	-0.2	5:25	-0.4	7:17	4:51	
13	Sat	11:35	0.4			5:27	-0.3	6:11	-0.4	7:17	4:52	
14	Sun	12:07	0.3	12:27	0.4	6:18	-0.3	6:56	-0.4	7:16	4:53	
15	Mon	1:02	0.3	1:21	0.4	7:09	-0.2	7:42	-0.3	7:16	4:54	
16	Tue	1:59	0.3	2:17	0.3	8:04	-0.1	8:33	-0.2	7:15	4:55	
17	Wed	2:55	0.3	3:13	0.3	9:07	0.0	9:28	-0.2	7:15	4:56	
18	Thu	3:50	0.3	4:09	0.3	10:17	0.1	10:28	-0.1	7:15	4:58	
19	Fri	4:45	0.3	5:07	0.3	11:26	0.1	11:29	0.0	7:14	4:59	
20	Sat	5:43	0.3	6:10	0.3			12:30	0.1	7:13	5:00	
21	Sun	6:44	0.3	7:15	0.3	12:27	0.0	1:27	0.0	7:13	5:01	
22	Mon	7:44	0.3	8:13	0.3	1:21	0.0	2:19	0.0	7:12	5:02	
23	Tue	8:35	0.3	9:03	0.3	2:11	0.0	3:08	-0.1	7:12	5:03	
24	Wed	9:20	0.3	9:48	0.3	3:00	0.0	3:54	-0.1	7:11	5:05	
25	Thu	10:02	0.3	10:30	0.3	3:46	0.0	4:36	-0.1	7:10	5:06	
26	Fri	10:41	0.3	11:11	0.3	4:30	0.0	5:15	-0.1	7:10	5:07	
27	Sat	11:18	0.3	11:51	0.3	5:11	0.0	5:51	-0.1	7:09	5:08	
28	Sun	11:55	0.3			5:50	0.0	6:24	-0.1	7:08	5:09	
29	Mon	12:30	0.3	12:30	0.3	6:26	0.0	6:55	0.0	7:07	5:10	
30	Tue	1:10	0.3	1:07	0.3	7:02	0.1	7:25	0.0	7:06	5:12	
31	Wed	1:49	0.3	1:45	0.3	7:39	0.2	7:55	0.1	7:05	5:13	