

































## Bay Head, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:33	0.3	4:16	0.3	9:51	0.2	10:11	0.4	5:31	8:29	
2	Wed	4:20	0.3	5:01	0.3	10:39	0.3	11:11	0.5	5:31	8:29	
3	Thu	5:06	0.3	5:46	0.3	11:27	0.3			5:32	8:28	
4	Fri	5:53	0.3	6:32	0.3	12:11	0.5	12:16	0.4	5:32	8:28	
5	Sat	6:45	0.3	7:22	0.3	1:06	0.4	1:04	0.4	5:33	8:28	
6	Sun	7:42	0.3	8:13	0.3	1:57	0.4	1:51	0.4	5:34	8:28	
7	Mon	8:39	0.3	9:01	0.4	2:45	0.3	2:37	0.3	5:34	8:27	
8	Tue	9:29	0.3	9:45	0.4	3:32	0.3	3:22	0.3	5:35	8:27	
9	Wed	10:14	0.3	10:26	0.4	4:18	0.2	4:08	0.3	5:35	8:27	
10	Thu	10:56	0.3	11:05	0.4	5:04	0.1	4:55	0.3	5:36	8:26	
11	Fri	11:37	0.3	11:45	0.4	5:47	0.1	5:40	0.2	5:37	8:26	
12	Sat			12:18	0.3	6:28	0.0	6:24	0.2	5:38	8:25	
13	Sun	12:25	0.4	1:00	0.3	7:07	0.0	7:07	0.2	5:38	8:25	
14	Mon	1:09	0.4	1:47	0.3	7:45	0.0	7:51	0.2	5:39	8:24	
15	Tue	1:56	0.4	2:37	0.3	8:24	0.0	8:40	0.2	5:40	8:24	
16	Wed	2:48	0.4	3:29	0.4	9:07	0.0	9:37	0.3	5:41	8:23	
17	Thu	3:43	0.3	4:22	0.4	9:56	0.1	10:46	0.3	5:41	8:23	
18	Fri	4:39	0.3	5:16	0.4	10:53	0.1	11:58	0.3	5:42	8:22	
19	Sat	5:37	0.3	6:13	0.4	11:57	0.1			5:43	8:21	
20	Sun	6:42	0.3	7:17	0.4	1:06	0.3	1:00	0.1	5:44	8:21	
21	Mon	7:51	0.3	8:22	0.4	2:08	0.2	2:01	0.1	5:45	8:20	
22	Tue	8:57	0.3	9:22	0.4	3:06	0.1	2:59	0.1	5:46	8:19	
23	Wed	9:55	0.3	10:15	0.4	4:01	0.0	3:56	0.1	5:46	8:18	
24	Thu	10:48	0.3	11:05	0.4	4:54	0.0	4:50	0.1	5:47	8:17	
25	Fri	11:38	0.4	11:51	0.4	5:43	-0.1	5:42	0.1	5:48	8:16	
26	Sat			12:27	0.4	6:29	-0.1	6:30	0.1	5:49	8:16	
27	Sun	12:37	0.4	1:14	0.4	7:10	0.0	7:15	0.2	5:50	8:15	
28	Mon	1:22	0.4	2:01	0.3	7:48	0.0	7:57	0.2	5:51	8:14	
29	Tue	2:07	0.4	2:48	0.3	8:25	0.1	8:41	0.3	5:52	8:13	
30	Wed	2:53	0.3	3:33	0.3	9:02	0.2	9:28	0.4	5:53	8:12	
31	Thu	3:39	0.3	4:17	0.3	9:41	0.3	10:22	0.5	5:54	8:11	