

































Bay Head, NJ - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:13	0.3	6:20	0.1	6:14	0.3	5:31	8:29	
2	Thu	12:17	0.4	12:53	0.3	6:57	0.1	6:52	0.3	5:31	8:29	
3	Fri	12:53	0.4	1:32	0.3	7:32	0.1	7:29	0.3	5:32	8:29	
4	Sat	1:31	0.4	2:13	0.3	8:06	0.1	8:07	0.4	5:32	8:28	
5	Sun	2:13	0.3	2:57	0.3	8:40	0.1	8:51	0.4	5:33	8:28	
6	Mon	3:00	0.3	3:43	0.3	9:19	0.2	9:46	0.4	5:33	8:28	
7	Tue	3:52	0.3	4:31	0.3	10:05	0.2	10:56	0.4	5:34	8:28	
8	Wed	4:46	0.3	5:22	0.4	11:02	0.2			5:35	8:27	
9	Thu	5:44	0.3	6:20	0.4	12:10	0.4	12:05	0.2	5:35	8:27	
10	Fri	6:50	0.3	7:25	0.4	1:17	0.3	1:08	0.1	5:36	8:26	
11	Sat	8:01	0.3	8:30	0.4	2:19	0.2	2:10	0.1	5:37	8:26	
12	Sun	9:08	0.3	9:31	0.4	3:17	0.0	3:10	0.0	5:37	8:26	
13	Mon	10:07	0.3	10:27	0.4	4:14	-0.1	4:09	0.0	5:38	8:25	
14	Tue	11:02	0.4	11:20	0.4	5:09	-0.1	5:07	-0.1	5:39	8:25	
15	Wed	11:56	0.4			6:02	-0.2	6:03	-0.1	5:40	8:24	
16	Thu	12:12	0.4	12:50	0.4	6:50	-0.2	6:55	0.0	5:40	8:23	
17	Fri	1:03	0.4	1:44	0.4	7:36	-0.2	7:45	0.0	5:41	8:23	
18	Sat	1:55	0.4	2:38	0.4	8:20	-0.1	8:35	0.1	5:42	8:22	
19	Sun	2:47	0.4	3:29	0.4	9:05	0.0	9:27	0.3	5:43	8:21	
20	Mon	3:38	0.3	4:18	0.4	9:52	0.1	10:25	0.4	5:44	8:21	
21	Tue	4:28	0.3	5:05	0.4	10:41	0.2	11:27	0.4	5:44	8:20	
22	Wed	5:16	0.3	5:52	0.3	11:33	0.3			5:45	8:19	
23	Thu	6:07	0.3	6:42	0.3	12:27	0.4	12:26	0.4	5:46	8:18	
24	Fri	7:03	0.3	7:36	0.3	1:23	0.4	1:18	0.4	5:47	8:18	
25	Sat	8:03	0.3	8:29	0.3	2:13	0.4	2:07	0.4	5:48	8:17	
26	Sun	8:59	0.3	9:18	0.4	3:01	0.3	2:54	0.4	5:49	8:16	
27	Mon	9:47	0.3	10:01	0.4	3:46	0.2	3:40	0.3	5:50	8:15	
28	Tue	10:29	0.3	10:41	0.4	4:30	0.2	4:26	0.3	5:51	8:14	
29	Wed	11:09	0.3	11:18	0.4	5:12	0.1	5:10	0.3	5:52	8:13	
30	Thu	11:47	0.3	11:53	0.4	5:52	0.1	5:53	0.3	5:52	8:12	
31	Fri			12:23	0.3	6:29	0.1	6:33	0.2	5:53	8:11	