

































Bay Head, NJ - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:23	0.3	4:41	0.3	10:52	0.2	11:01	0.1	7:18	4:41	
2	Thu	5:14	0.3	5:35	0.3	11:53	0.2	11:54	0.1	7:18	4:42	
3	Fri	6:07	0.3	6:32	0.3			12:47	0.2	7:18	4:43	
4	Sat	7:02	0.3	7:28	0.3	12:43	0.1	1:36	0.1	7:18	4:44	
5	Sun	7:52	0.3	8:18	0.3	1:30	0.1	2:21	0.0	7:18	4:44	
6	Mon	8:37	0.3	9:03	0.3	2:14	0.0	3:05	0.0	7:18	4:45	
7	Tue	9:17	0.3	9:45	0.3	2:58	0.0	3:48	-0.1	7:18	4:46	
8	Wed	9:55	0.3	10:24	0.3	3:41	0.0	4:29	-0.1	7:18	4:47	
9	Thu	10:30	0.3	11:02	0.3	4:24	0.0	5:08	-0.1	7:17	4:48	
10	Fri	11:04	0.3	11:40	0.3	5:04	0.0	5:44	-0.1	7:17	4:49	
11	Sat	11:37	0.3			5:42	0.0	6:18	-0.1	7:17	4:50	
12	Sun	12:17	0.3	12:11	0.3	6:19	0.0	6:50	-0.1	7:17	4:51	
13	Mon	12:55	0.3	12:51	0.3	6:56	0.0	7:23	-0.1	7:16	4:52	
14	Tue	1:38	0.3	1:37	0.3	7:38	0.1	8:00	0.0	7:16	4:53	
15	Wed	2:26	0.3	2:31	0.3	8:30	0.1	8:47	0.0	7:16	4:55	
16	Thu	3:19	0.3	3:29	0.3	9:38	0.2	9:50	0.0	7:15	4:56	
17	Fri	4:14	0.3	4:31	0.3	10:54	0.1	11:02	0.0	7:15	4:57	
18	Sat	5:16	0.3	5:40	0.3			12:04	0.0	7:14	4:58	
19	Sun	6:23	0.3	6:52	0.3	12:11	-0.1	1:07	-0.1	7:14	4:59	
20	Mon	7:29	0.4	7:59	0.3	1:13	-0.2	2:04	-0.2	7:13	5:00	
21	Tue	8:29	0.4	8:57	0.3	2:12	-0.3	2:59	-0.3	7:13	5:01	
22	Wed	9:22	0.4	9:50	0.3	3:09	-0.3	3:53	-0.4	7:12	5:03	
23	Thu	10:13	0.4	10:41	0.4	4:04	-0.4	4:43	-0.5	7:11	5:04	
24	Fri	11:03	0.4	11:32	0.4	4:58	-0.4	5:31	-0.5	7:11	5:05	
25	Sat	11:53	0.4			5:48	-0.4	6:16	-0.5	7:10	5:06	
26	Sun	12:23	0.4	12:43	0.4	6:35	-0.3	7:00	-0.4	7:09	5:07	
27	Mon	1:14	0.3	1:34	0.3	7:23	-0.2	7:43	-0.3	7:08	5:08	
28	Tue	2:05	0.3	2:25	0.3	8:13	0.0	8:28	-0.1	7:08	5:10	
29	Wed	2:56	0.3	3:16	0.3	9:09	0.1	9:19	0.0	7:07	5:11	
30	Thu	3:44	0.3	4:06	0.3	10:11	0.2	10:14	0.1	7:06	5:12	
31	Fri	4:33	0.3	4:58	0.2	11:14	0.2	11:12	0.2	7:05	5:13	