

































## Bay Head, NJ - Mar 2031

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 3:51  | 0.3 | 4:24  | 0.2 | 10:29 | 0.3  | 10:26 | 0.3  | 6:29  | 5:47 |    |
| 2    | Sun | 4:43  | 0.3 | 5:19  | 0.2 | 11:31 | 0.3  | 11:30 | 0.3  | 6:27  | 5:48 |    |
| 3    | Mon | 5:39  | 0.3 | 6:19  | 0.2 |       |      | 12:28 | 0.2  | 6:26  | 5:49 |    |
| 4    | Tue | 6:39  | 0.3 | 7:17  | 0.3 | 12:27 | 0.2  | 1:17  | 0.2  | 6:24  | 5:51 |    |
| 5    | Wed | 7:35  | 0.3 | 8:07  | 0.3 | 1:19  | 0.2  | 2:02  | 0.1  | 6:23  | 5:52 |    |
| 6    | Thu | 8:22  | 0.3 | 8:50  | 0.3 | 2:07  | 0.1  | 2:44  | 0.0  | 6:21  | 5:53 |    |
| 7    | Fri | 9:03  | 0.3 | 9:29  | 0.3 | 2:52  | 0.0  | 3:26  | -0.1 | 6:20  | 5:54 |    |
| 8    | Sat | 9:40  | 0.3 | 10:06 | 0.3 | 3:37  | -0.1 | 4:05  | -0.1 | 6:18  | 5:55 |    |
| 9    | Sun | 11:17 | 0.3 | 11:41 | 0.3 | 5:20  | -0.1 | 5:44  | -0.2 | 7:17  | 6:56 |    |
| 10   | Mon | 11:54 | 0.3 |       |     | 6:03  | -0.2 | 6:21  | -0.2 | 7:15  | 6:57 |    |
| 11   | Tue | 12:18 | 0.4 | 12:33 | 0.3 | 6:45  | -0.2 | 6:58  | -0.2 | 7:13  | 6:58 |    |
| 12   | Wed | 12:58 | 0.4 | 1:16  | 0.3 | 7:27  | -0.2 | 7:36  | -0.1 | 7:12  | 6:59 |   |
| 13   | Thu | 1:44  | 0.4 | 2:07  | 0.3 | 8:11  | -0.1 | 8:17  | -0.1 | 7:10  | 7:00 |  |
| 14   | Fri | 2:37  | 0.4 | 3:05  | 0.3 | 9:02  | 0.0  | 9:07  | 0.0  | 7:09  | 7:01 |  |
| 15   | Sat | 3:36  | 0.3 | 4:07  | 0.3 | 10:05 | 0.0  | 10:13 | 0.1  | 7:07  | 7:02 |  |
| 16   | Sun | 4:38  | 0.3 | 5:10  | 0.3 | 11:17 | 0.1  | 11:31 | 0.1  | 7:05  | 7:03 |  |
| 17   | Mon | 5:42  | 0.3 | 6:16  | 0.3 |       |      | 12:28 | 0.0  | 7:04  | 7:04 |  |
| 18   | Tue | 6:48  | 0.3 | 7:25  | 0.3 | 12:45 | 0.1  | 1:31  | 0.0  | 7:02  | 7:05 |  |
| 19   | Wed | 7:56  | 0.3 | 8:29  | 0.3 | 1:50  | 0.0  | 2:27  | -0.1 | 7:01  | 7:06 |  |
| 20   | Thu | 8:56  | 0.4 | 9:25  | 0.4 | 2:48  | -0.1 | 3:18  | -0.2 | 6:59  | 7:07 |  |
| 21   | Fri | 9:49  | 0.4 | 10:14 | 0.4 | 3:42  | -0.2 | 4:06  | -0.3 | 6:57  | 7:09 |  |
| 22   | Sat | 10:36 | 0.4 | 10:59 | 0.4 | 4:33  | -0.2 | 4:53  | -0.3 | 6:56  | 7:10 |  |
| 23   | Sun | 11:21 | 0.4 | 11:42 | 0.4 | 5:22  | -0.3 | 5:37  | -0.3 | 6:54  | 7:11 |  |
| 24   | Mon |       |     | 12:05 | 0.4 | 6:08  | -0.2 | 6:18  | -0.2 | 6:52  | 7:12 |  |
| 25   | Tue | 12:24 | 0.4 | 12:49 | 0.3 | 6:51  | -0.2 | 6:57  | -0.1 | 6:51  | 7:13 |  |
| 26   | Wed | 1:06  | 0.4 | 1:34  | 0.3 | 7:31  | -0.1 | 7:34  | 0.0  | 6:49  | 7:14 |  |
| 27   | Thu | 1:48  | 0.3 | 2:21  | 0.3 | 8:12  | 0.0  | 8:11  | 0.1  | 6:48  | 7:15 |  |
| 28   | Fri | 2:33  | 0.3 | 3:10  | 0.3 | 8:54  | 0.1  | 8:50  | 0.2  | 6:46  | 7:16 |  |
| 29   | Sat | 3:20  | 0.3 | 4:01  | 0.3 | 9:42  | 0.2  | 9:37  | 0.3  | 6:44  | 7:17 |  |
| 30   | Sun | 4:09  | 0.3 | 4:52  | 0.3 | 10:41 | 0.3  | 10:38 | 0.4  | 6:43  | 7:18 |  |
| 31   | Mon | 4:59  | 0.3 | 5:43  | 0.3 | 11:44 | 0.3  | 11:47 | 0.4  | 6:41  | 7:19 |  |