

































Bay Head, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:40	0.3	1:53	0.3	7:44	0.1	7:43	0.2	6:29	5:47	
2	Mon	2:21	0.3	2:39	0.2	8:28	0.2	8:18	0.2	6:27	5:48	
3	Tue	3:05	0.3	3:27	0.2	9:25	0.3	9:08	0.3	6:26	5:50	
4	Wed	3:52	0.3	4:21	0.2	10:36	0.3	10:25	0.4	6:24	5:51	
5	Thu	4:46	0.3	5:22	0.2	11:44	0.3	11:40	0.4	6:23	5:52	
6	Fri	5:49	0.3	6:30	0.2			12:44	0.2	6:21	5:53	
7	Sat	6:55	0.3	7:32	0.3	12:43	0.3	1:35	0.1	6:20	5:54	
8	Sun	8:53	0.3	9:23	0.3	1:38	0.1	3:22	0.0	7:18	6:55	
9	Mon	9:42	0.4	10:07	0.3	3:29	0.0	4:08	-0.2	7:16	6:56	
10	Tue	10:27	0.4	10:50	0.3	4:19	-0.1	4:52	-0.3	7:15	6:57	
11	Wed	11:10	0.4	11:33	0.4	5:09	-0.2	5:36	-0.3	7:13	6:58	
12	Thu	11:55	0.4			5:58	-0.3	6:18	-0.4	7:12	6:59	
13	Fri	12:17	0.4	12:42	0.4	6:46	-0.3	7:00	-0.4	7:10	7:00	
14	Sat	1:05	0.4	1:33	0.3	7:34	-0.3	7:43	-0.3	7:08	7:01	
15	Sun	1:56	0.4	2:28	0.3	8:25	-0.2	8:29	-0.2	7:07	7:02	
16	Mon	2:52	0.4	3:28	0.3	9:21	-0.1	9:22	0.0	7:05	7:03	
17	Tue	3:52	0.4	4:30	0.3	10:29	0.1	10:28	0.1	7:04	7:04	
18	Wed	4:53	0.3	5:32	0.3	11:43	0.1	11:44	0.2	7:02	7:06	
19	Thu	5:57	0.3	6:39	0.3			12:53	0.1	7:00	7:07	
20	Fri	7:05	0.3	7:47	0.3	12:56	0.2	1:54	0.1	6:59	7:08	
21	Sat	8:12	0.3	8:47	0.3	1:58	0.1	2:46	0.0	6:57	7:09	
22	Sun	9:08	0.3	9:37	0.3	2:52	0.1	3:32	0.0	6:55	7:10	
23	Mon	9:54	0.3	10:19	0.3	3:41	0.0	4:14	-0.1	6:54	7:11	
24	Tue	10:34	0.3	10:58	0.3	4:26	0.0	4:53	-0.1	6:52	7:12	
25	Wed	11:12	0.3	11:34	0.4	5:09	-0.1	5:30	-0.1	6:51	7:13	
26	Thu	11:48	0.3			5:50	-0.1	6:04	-0.1	6:49	7:14	
27	Fri	12:09	0.4	12:24	0.3	6:28	-0.1	6:37	0.0	6:47	7:15	
28	Sat	12:43	0.3	1:00	0.3	7:04	0.0	7:07	0.1	6:46	7:16	
29	Sun	1:17	0.3	1:37	0.3	7:39	0.1	7:36	0.2	6:44	7:17	
30	Mon	1:52	0.3	2:17	0.3	8:15	0.1	8:05	0.2	6:43	7:18	
31	Tue	2:30	0.3	3:03	0.3	8:54	0.2	8:37	0.3	6:41	7:19	