

































Bay Head, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:44	0.3	11:11	0.3	4:36	0.1	5:22	-0.1	7:18	4:41	
2	Sat	11:19	0.3	11:49	0.3	5:15	0.1	5:58	-0.1	7:18	4:42	
3	Sun	11:54	0.3			5:53	0.1	6:33	-0.1	7:18	4:42	
4	Mon	12:27	0.3	12:33	0.3	6:29	0.1	7:07	0.0	7:18	4:43	
5	Tue	1:09	0.3	1:16	0.3	7:08	0.1	7:43	0.0	7:18	4:44	
6	Wed	1:56	0.3	2:06	0.3	7:53	0.2	8:24	0.0	7:18	4:45	
7	Thu	2:46	0.3	3:01	0.3	8:53	0.2	9:15	0.0	7:18	4:46	
8	Fri	3:38	0.3	3:58	0.3	10:09	0.2	10:17	0.0	7:18	4:47	
9	Sat	4:34	0.3	5:00	0.3	11:25	0.2	11:23	0.0	7:17	4:48	
10	Sun	5:36	0.3	6:10	0.3			12:33	0.1	7:17	4:49	
11	Mon	6:44	0.4	7:21	0.3	12:27	-0.1	1:34	-0.1	7:17	4:50	
12	Tue	7:49	0.4	8:24	0.3	1:28	-0.1	2:32	-0.2	7:17	4:51	
13	Wed	8:48	0.4	9:21	0.3	2:27	-0.2	3:27	-0.3	7:16	4:52	
14	Thu	9:41	0.4	10:14	0.3	3:24	-0.3	4:21	-0.4	7:16	4:53	
15	Fri	10:32	0.4	11:06	0.3	4:20	-0.3	5:11	-0.4	7:16	4:54	
16	Sat	11:22	0.4	11:58	0.3	5:13	-0.3	5:58	-0.4	7:15	4:55	
17	Sun			12:12	0.4	6:03	-0.3	6:42	-0.4	7:15	4:57	
18	Mon	12:49	0.3	1:02	0.3	6:50	-0.2	7:24	-0.3	7:14	4:58	
19	Tue	1:41	0.3	1:52	0.3	7:37	-0.1	8:07	-0.1	7:14	4:59	
20	Wed	2:31	0.3	2:41	0.3	8:28	0.1	8:53	0.0	7:13	5:00	
21	Thu	3:19	0.3	3:29	0.3	9:25	0.2	9:42	0.1	7:13	5:01	
22	Fri	4:05	0.3	4:18	0.2	10:27	0.2	10:36	0.2	7:12	5:02	
23	Sat	4:53	0.3	5:10	0.2	11:29	0.3	11:31	0.2	7:11	5:03	
24	Sun	5:45	0.3	6:09	0.2			12:26	0.2	7:11	5:05	
25	Mon	6:42	0.3	7:11	0.2	12:24	0.2	1:18	0.2	7:10	5:06	
26	Tue	7:37	0.3	8:06	0.2	1:15	0.2	2:06	0.1	7:09	5:07	
27	Wed	8:26	0.3	8:52	0.3	2:02	0.1	2:51	0.0	7:09	5:08	
28	Thu	9:08	0.3	9:34	0.3	2:48	0.1	3:35	0.0	7:08	5:09	
29	Fri	9:47	0.3	10:12	0.3	3:33	0.0	4:17	-0.1	7:07	5:11	
30	Sat	10:24	0.3	10:48	0.3	4:16	0.0	4:56	-0.2	7:06	5:12	
31	Sun	10:59	0.3	11:24	0.3	4:58	0.0	5:32	-0.2	7:05	5:13	