

































Bay Head, NJ - Mar 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 11:13 | 0.3 | 11:32 | 0.3 | 5:19 | -0.2 | 5:37 | -0.2 | 6:28 | 5:48 |  |
| 2 | Wed | 11:53 | 0.3 | | | 6:00 | -0.2 | 6:12 | -0.2 | 6:26 | 5:49 |  |
| 3 | Thu | 12:13 | 0.3 | 12:38 | 0.3 | 6:43 | -0.1 | 6:49 | -0.2 | 6:25 | 5:50 |  |
| 4 | Fri | 12:59 | 0.3 | 1:30 | 0.3 | 7:29 | -0.1 | 7:30 | -0.1 | 6:23 | 5:51 |  |
| 5 | Sat | 1:52 | 0.3 | 2:28 | 0.3 | 8:24 | 0.0 | 8:20 | 0.0 | 6:21 | 5:53 |  |
| 6 | Sun | 2:52 | 0.3 | 3:31 | 0.3 | 9:34 | 0.1 | 9:28 | 0.1 | 6:20 | 5:54 |  |
| 7 | Mon | 3:55 | 0.3 | 4:36 | 0.3 | 10:52 | 0.1 | 10:49 | 0.1 | 6:18 | 5:55 |  |
| 8 | Tue | 5:03 | 0.3 | 5:47 | 0.3 | | | 12:04 | 0.1 | 6:17 | 5:56 |  |
| 9 | Wed | 6:15 | 0.3 | 6:58 | 0.3 | 12:04 | 0.1 | 1:06 | 0.0 | 6:15 | 5:57 |  |
| 10 | Thu | 7:24 | 0.3 | 8:00 | 0.3 | 1:09 | 0.0 | 2:00 | -0.1 | 6:14 | 5:58 |  |
| 11 | Fri | 8:23 | 0.4 | 8:53 | 0.3 | 2:07 | -0.1 | 2:49 | -0.2 | 6:12 | 5:59 |  |
| 12 | Sat | 9:12 | 0.4 | 9:39 | 0.4 | 3:00 | -0.2 | 3:36 | -0.3 | 6:10 | 6:00 |  |
| 13 | Sun | 10:56 | 0.4 | 11:23 | 0.4 | 4:50 | -0.2 | 5:20 | -0.3 | 7:09 | 7:01 |  |
| 14 | Mon | 11:38 | 0.4 | | | 5:37 | -0.2 | 6:00 | -0.3 | 7:07 | 7:02 |  |
| 15 | Tue | 12:04 | 0.4 | 12:20 | 0.3 | 6:21 | -0.2 | 6:38 | -0.2 | 7:06 | 7:03 |  |
| 16 | Wed | 12:44 | 0.4 | 1:01 | 0.3 | 7:02 | -0.2 | 7:13 | -0.1 | 7:04 | 7:04 |  |
| 17 | Thu | 1:24 | 0.4 | 1:43 | 0.3 | 7:40 | -0.1 | 7:46 | 0.0 | 7:02 | 7:05 |  |
| 18 | Fri | 2:05 | 0.3 | 2:27 | 0.3 | 8:19 | 0.0 | 8:19 | 0.1 | 7:01 | 7:06 |  |
| 19 | Sat | 2:48 | 0.3 | 3:15 | 0.3 | 9:01 | 0.2 | 8:54 | 0.3 | 6:59 | 7:07 |  |
| 20 | Sun | 3:35 | 0.3 | 4:06 | 0.2 | 9:51 | 0.3 | 9:40 | 0.4 | 6:58 | 7:08 |  |
| 21 | Mon | 4:24 | 0.3 | 4:58 | 0.2 | 10:54 | 0.4 | 10:49 | 0.5 | 6:56 | 7:09 |  |
| 22 | Tue | 5:17 | 0.3 | 5:54 | 0.2 | | | 12:03 | 0.4 | 6:54 | 7:10 |  |
| 23 | Wed | 6:14 | 0.3 | 6:55 | 0.2 | 12:06 | 0.5 | 1:04 | 0.3 | 6:53 | 7:11 |  |
| 24 | Thu | 7:17 | 0.3 | 7:56 | 0.3 | 1:12 | 0.4 | 1:56 | 0.2 | 6:51 | 7:12 |  |
| 25 | Fri | 8:15 | 0.3 | 8:48 | 0.3 | 2:06 | 0.3 | 2:42 | 0.1 | 6:49 | 7:14 |  |
| 26 | Sat | 9:05 | 0.3 | 9:32 | 0.3 | 2:55 | 0.2 | 3:24 | 0.0 | 6:48 | 7:15 |  |
| 27 | Sun | 9:49 | 0.3 | 10:11 | 0.3 | 3:42 | 0.1 | 4:05 | -0.1 | 6:46 | 7:16 |  |
| 28 | Mon | 10:29 | 0.3 | 10:48 | 0.4 | 4:28 | 0.0 | 4:46 | -0.1 | 6:45 | 7:17 |  |
| 29 | Tue | 11:10 | 0.4 | 11:26 | 0.4 | 5:14 | -0.1 | 5:27 | -0.2 | 6:43 | 7:18 |  |
| 30 | Wed | 11:51 | 0.3 | | | 6:00 | -0.2 | 6:07 | -0.2 | 6:41 | 7:19 |  |
| 31 | Thu | 12:06 | 0.4 | 12:36 | 0.3 | 6:46 | -0.2 | 6:48 | -0.2 | 6:40 | 7:20 |  |