

































## Bay Head, NJ - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:31	0.4	9:03	0.3	2:16	-0.2	3:02	-0.3	6:28	5:48	
2	Thu	9:23	0.4	9:53	0.4	3:12	-0.3	3:51	-0.4	6:26	5:49	
3	Fri	10:11	0.4	10:40	0.4	4:06	-0.4	4:39	-0.4	6:25	5:50	
4	Sat	10:58	0.4	11:27	0.4	4:57	-0.4	5:23	-0.4	6:23	5:51	
5	Sun	11:45	0.4			5:45	-0.4	6:05	-0.4	6:22	5:52	
6	Mon	12:14	0.4	12:33	0.3	6:31	-0.3	6:46	-0.2	6:20	5:53	
7	Tue	1:02	0.4	1:23	0.3	7:16	-0.1	7:26	-0.1	6:19	5:54	
8	Wed	1:51	0.3	2:14	0.3	8:03	0.0	8:09	0.1	6:17	5:55	
9	Thu	2:41	0.3	3:07	0.3	8:57	0.2	9:01	0.2	6:16	5:57	
10	Fri	3:32	0.3	4:01	0.2	10:01	0.3	10:05	0.4	6:14	5:58	
11	Sat	4:25	0.3	4:57	0.2	11:08	0.3	11:14	0.4	6:12	5:59	
12	Sun	6:22	0.3	6:58	0.2			1:08	0.3	7:11	7:00	
13	Mon	7:24	0.3	8:00	0.2	1:16	0.4	2:01	0.2	7:09	7:01	
14	Tue	8:23	0.3	8:54	0.3	2:10	0.3	2:46	0.1	7:08	7:02	
15	Wed	9:12	0.3	9:38	0.3	2:57	0.2	3:28	0.1	7:06	7:03	
16	Thu	9:54	0.3	10:16	0.3	3:42	0.1	4:07	0.0	7:04	7:04	
17	Fri	10:31	0.3	10:51	0.3	4:25	0.0	4:45	-0.1	7:03	7:05	
18	Sat	11:07	0.3	11:23	0.3	5:07	0.0	5:22	-0.1	7:01	7:06	
19	Sun	11:41	0.3	11:54	0.3	5:47	-0.1	5:57	-0.1	7:00	7:07	
20	Mon			12:16	0.3	6:26	-0.1	6:31	-0.1	6:58	7:08	
21	Tue	12:26	0.4	12:52	0.3	7:04	-0.1	7:04	0.0	6:56	7:09	
22	Wed	1:01	0.4	1:34	0.3	7:43	0.0	7:38	0.0	6:55	7:10	
23	Thu	1:44	0.4	2:24	0.3	8:26	0.0	8:17	0.1	6:53	7:11	
24	Fri	2:37	0.3	3:24	0.3	9:18	0.1	9:07	0.1	6:51	7:12	
25	Sat	3:39	0.3	4:28	0.3	10:28	0.2	10:18	0.2	6:50	7:13	
26	Sun	4:45	0.3	5:33	0.3	11:45	0.2	11:44	0.2	6:48	7:14	
27	Mon	5:53	0.3	6:41	0.3			12:54	0.1	6:47	7:15	
28	Tue	7:04	0.3	7:50	0.3	1:00	0.1	1:54	0.0	6:45	7:16	
29	Wed	8:12	0.4	8:51	0.3	2:05	0.0	2:46	-0.1	6:43	7:17	
30	Thu	9:11	0.4	9:43	0.4	3:02	-0.1	3:36	-0.2	6:42	7:18	
31	Fri	10:02	0.4	10:31	0.4	3:57	-0.2	4:23	-0.3	6:40	7:19	