US HARBORS www.USHarbors.com

Bay Head, NJ - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:03	0.4	9:32	0.3	2:46	0.0	3:39	-0.1	7:18	4:41	
2	Sun	9:41	0.4	10:13	0.3	3:31	-0.1	4:24	-0.1	7:18	4:42	
3	Mon	10:20	0.4	10:55	0.3	4:15	-0.1	5:07	-0.2	7:18	4:43	
4	Tue	11:00	0.4	11:38	0.3	5:00	-0.1	5:49	-0.2	7:18	4:43	
5	Wed	11:43	0.4			5:44	-0.1	6:31	-0.2	7:18	4:44	
6	Thu	12:26	0.3	12:32	0.4	6:28	-0.1	7:13	-0.2	7:18	4:45	
7	Fri	1:19	0.3	1:26	0.3	7:16	-0.1	8:00	-0.2	7:18	4:46	
8	Sat	2:15	0.3	2:24	0.3	8:11	0.0	8:53	-0.1	7:18	4:47	
9	Sun	3:11	0.3	3:22	0.3	9:17	0.0	9:53	-0.1	7:17	4:48	
10	Mon	4:08	0.3	4:21	0.3	10:30	0.1	10:56	-0.1	7:17	4:49	
11	Tue	5:06	0.3	5:23	0.3	11:40	0.0	11:57	-0.1	7:17	4:50	
12	Wed	6:07	0.3	6:29	0.3			12:43	-0.1	7:17	4:51	
13	Thu	7:09	0.4	7:34	0.3	12:55	-0.2	1:41	-0.1	7:16	4:52	
14	Fri	8:07	0.4	8:32	0.3	1:49	-0.2	2:35	-0.2	7:16	4:53	
15	Sat	8:59	0.4	9:24	0.3	2:42	-0.2	3:27	-0.3	7:16	4:54	
16	Sun	9:47	0.4	10:13	0.3	3:33	-0.2	4:17	-0.3	7:15	4:56	
17	Mon	10:32	0.4	10:59	0.3	4:23	-0.2	5:03	-0.3	7:15	4:57	
18	Tue	11:17	0.4	11:45	0.3	5:09	-0.2	5:46	-0.3	7:14	4:58	
19	Wed			12:01	0.3	5:53	-0.1	6:26	-0.2	7:14	4:59	
20	Thu	12:31	0.3	12:46	0.3	6:34	0.0	7:04	-0.1	7:13	5:00	
21	Fri	1:18	0.3	1:31	0.3	7:15	0.1	7:41	-0.1	7:13	5:01	
22	Sat	2:04	0.3	2:17	0.3	7:58	0.2	8:21	0.0	7:12	5:02	
23	Sun	2:50	0.3	3:03	0.3	8:47	0.2	9:05	0.1	7:11	5:04	
24	Mon	3:35	0.3	3:50	0.3	9:46	0.3	9:57	0.2	7:11	5:05	
25	Tue	4:19	0.3	4:38	0.2	10:51	0.3	10:53	0.2	7:10	5:06	
26	Wed	5:06	0.3	5:32	0.2	11:52	0.3	11:48	0.2	7:09	5:07	
27	Thu	5:59	0.3	6:32	0.2			12:47	0.2	7:08	5:08	
28	Fri	6:56	0.3	7:30	0.3	12:41	0.1	1:37	0.1	7:08	5:10	
29	Sat	7:48	0.3	8:22	0.3	1:30	0.0	2:25	0.0	7:07	5:11	
30	Sun	8:35	0.3	9:07	0.3	2:18	0.0	3:12	-0.1	7:06	5:12	
31	Mon	9:19	0.4	9:51	0.3	3:07	-0.1	3:59	-0.2	7:05	5:13	