

































## Bay Head, NJ - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:58	0.4	2:38	0.3	8:22	0.0	8:33	0.2	5:31	8:29	
2	Sun	2:50	0.4	3:30	0.3	9:07	0.1	9:24	0.4	5:32	8:29	
3	Mon	3:41	0.3	4:19	0.3	9:54	0.2	10:21	0.4	5:32	8:28	
4	Tue	4:29	0.3	5:05	0.3	10:44	0.2	11:22	0.5	5:33	8:28	
5	Wed	5:16	0.3	5:51	0.3	11:35	0.3			5:33	8:28	
6	Thu	6:05	0.3	6:39	0.3	12:21	0.5	12:24	0.3	5:34	8:28	
7	Fri	6:58	0.3	7:29	0.3	1:16	0.4	1:12	0.3	5:35	8:27	
8	Sat	7:54	0.3	8:19	0.3	2:05	0.4	1:58	0.3	5:35	8:27	
9	Sun	8:47	0.3	9:05	0.4	2:52	0.3	2:43	0.3	5:36	8:27	
10	Mon	9:35	0.3	9:47	0.4	3:38	0.2	3:27	0.2	5:37	8:26	
11	Tue	10:19	0.3	10:27	0.4	4:23	0.2	4:12	0.2	5:37	8:26	
12	Wed	11:01	0.3	11:04	0.4	5:08	0.1	4:58	0.2	5:38	8:25	
13	Thu	11:42	0.3	11:43	0.4	5:52	0.0	5:43	0.2	5:39	8:25	
14	Fri			12:24	0.3	6:33	0.0	6:27	0.2	5:40	8:24	
15	Sat	12:23	0.4	1:08	0.3	7:13	0.0	7:10	0.1	5:40	8:24	
16	Sun	1:07	0.4	1:56	0.3	7:52	0.0	7:55	0.2	5:41	8:23	
17	Mon	1:57	0.4	2:48	0.3	8:34	0.0	8:44	0.2	5:42	8:22	
18	Tue	2:51	0.4	3:42	0.4	9:20	0.0	9:43	0.2	5:43	8:22	
19	Wed	3:48	0.4	4:35	0.4	10:14	0.1	10:51	0.3	5:44	8:21	
20	Thu	4:45	0.3	5:30	0.4	11:14	0.1			5:44	8:20	
21	Fri	5:44	0.3	6:28	0.4	12:02	0.2	12:17	0.1	5:45	8:19	
22	Sat	6:48	0.3	7:31	0.4	1:08	0.2	1:17	0.1	5:46	8:19	
23	Sun	7:56	0.3	8:32	0.4	2:09	0.1	2:15	0.0	5:47	8:18	
24	Mon	9:00	0.3	9:29	0.4	3:05	0.0	3:11	0.0	5:48	8:17	
25	Tue	9:57	0.3	10:20	0.4	3:59	-0.1	4:05	0.0	5:49	8:16	
26	Wed	10:49	0.4	11:09	0.4	4:52	-0.1	4:58	0.0	5:50	8:15	
27	Thu	11:38	0.4	11:56	0.4	5:42	-0.1	5:49	0.0	5:50	8:14	
28	Fri			12:27	0.4	6:28	-0.1	6:37	0.1	5:51	8:13	
29	Sat	12:43	0.4	1:15	0.4	7:10	-0.1	7:21	0.1	5:52	8:12	
30	Sun	1:29	0.4	2:03	0.3	7:50	0.0	8:04	0.2	5:53	8:11	
31	Mon	2:16	0.4	2:51	0.3	8:29	0.1	8:49	0.3	5:54	8:10	