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# Bay Head, NJ - Mar 2097

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 12:15 | 0.3 | 12:29 | 0.3 | 6:25 | -0.2 | 6:44 | -0.2 | 6:27 | 5:48 | |
| 2 | Sat | 12:58 | 0.3 | 1:13 | 0.3 | 7:05 | -0.1 | 7:18 | 0.0 | 6:26 | 5:49 | |
| 3 | Sun | 1:41 | 0.3 | 1:58 | 0.3 | 7:46 | 0.1 | 7:53 | 0.1 | 6:24 | 5:50 | |
| 4 | Mon | 2:26 | 0.3 | 2:46 | 0.3 | 8:32 | 0.2 | 8:32 | 0.2 | 6:23 | 5:52 | |
| 5 | Tue | 3:12 | 0.3 | 3:35 | 0.2 | 9:28 | 0.3 | 9:24 | 0.3 | 6:21 | 5:53 | |
| 6 | Wed | 3:59 | 0.3 | 4:26 | 0.2 | 10:34 | 0.3 | 10:32 | 0.4 | 6:20 | 5:54 | |
| 7 | Thu | 4:51 | 0.3 | 5:24 | 0.2 | 11:39 | 0.3 | 11:41 | 0.4 | 6:18 | 5:55 | |
| 8 | Fri | 5:51 | 0.3 | 6:29 | 0.2 | | | 12:37 | 0.3 | 6:16 | 5:56 | |
| 9 | Sat | 6:53 | 0.3 | 7:29 | 0.2 | 12:40 | 0.3 | 1:28 | 0.2 | 6:15 | 5:57 | |
| 10 | Sun | 8:49 | 0.3 | 9:19 | 0.3 | 1:32 | 0.2 | 3:14 | 0.1 | 7:13 | 6:58 | |
| 11 | Mon | 9:35 | 0.3 | 10:01 | 0.3 | 3:20 | 0.1 | 3:57 | 0.0 | 7:12 | 6:59 | |
| 12 | Tue | 10:16 | 0.3 | 10:39 | 0.3 | 4:06 | 0.0 | 4:39 | -0.1 | 7:10 | 7:00 | |
| 13 | Wed | 10:55 | 0.4 | 11:16 | 0.3 | 4:52 | -0.1 | 5:19 | -0.2 | 7:09 | 7:01 | |
| 14 | Thu | 11:34 | 0.4 | 11:53 | 0.4 | 5:37 | -0.1 | 5:58 | -0.2 | 7:07 | 7:02 | |
| 15 | Fri | | | 12:15 | 0.4 | 6:21 | -0.2 | 6:37 | -0.2 | 7:05 | 7:03 | |
| 16 | Sat | 12:33 | 0.4 | 12:59 | 0.3 | 7:05 | -0.2 | 7:15 | -0.2 | 7:04 | 7:04 | |
| 17 | Sun | 1:17 | 0.4 | 1:47 | 0.3 | 7:50 | -0.2 | 7:55 | -0.2 | 7:02 | 7:05 | |
| 18 | Mon | 2:07 | 0.4 | 2:43 | 0.3 | 8:39 | -0.1 | 8:40 | -0.1 | 7:00 | 7:06 | |
| 19 | Tue | 3:04 | 0.4 | 3:44 | 0.3 | 9:38 | 0.0 | 9:35 | 0.1 | 6:59 | 7:07 | |
| 20 | Wed | 4:05 | 0.3 | 4:47 | 0.3 | 10:50 | 0.1 | 10:48 | 0.1 | 6:57 | 7:08 | |
| 21 | Thu | 5:09 | 0.3 | 5:52 | 0.3 | | | 12:05 | 0.1 | 6:56 | 7:10 | |
| 22 | Fri | 6:16 | 0.3 | 7:01 | 0.3 | 12:07 | 0.2 | 1:13 | 0.1 | 6:54 | 7:11 | |
| 23 | Sat | 7:27 | 0.3 | 8:09 | 0.3 | 1:18 | 0.1 | 2:12 | 0.0 | 6:52 | 7:12 | |
| 24 | Sun | 8:33 | 0.3 | 9:08 | 0.3 | 2:20 | 0.0 | 3:04 | -0.1 | 6:51 | 7:13 | |
| 25 | Mon | 9:28 | 0.4 | 9:57 | 0.3 | 3:15 | 0.0 | 3:52 | -0.1 | 6:49 | 7:14 | |
| 26 | Tue | 10:15 | 0.4 | 10:41 | 0.4 | 4:05 | -0.1 | 4:37 | -0.2 | 6:47 | 7:15 | |
| 27 | Wed | 10:58 | 0.4 | 11:22 | 0.4 | 4:53 | -0.1 | 5:19 | -0.2 | 6:46 | 7:16 | |
| 28 | Thu | 11:38 | 0.4 | | | 5:38 | -0.2 | 5:58 | -0.2 | 6:44 | 7:17 | |
| 29 | Fri | 12:02 | 0.4 | 12:18 | 0.3 | 6:20 | -0.1 | 6:34 | -0.1 | 6:43 | 7:18 | |
| 30 | Sat | 12:40 | 0.4 | 12:58 | 0.3 | 7:00 | -0.1 | 7:08 | 0.0 | 6:41 | 7:19 | |
| 31 | Sun | 1:18 | 0.4 | 1:39 | 0.3 | 7:37 | 0.0 | 7:40 | 0.1 | 6:39 | 7:20 | |