

Beach Haven Crest, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:18	2.0	3:02	2.1	9:24	0.0	10:01	0.1	5:56	8:09	
2	Mon	3:16	1.9	3:59	2.1	10:20	0.0	11:08	0.2	5:57	8:08	
3	Tue	4:15	1.8	4:55	2.1	11:23	0.1			5:58	8:07	
4	Wed	5:15	1.8	5:55	2.1	12:18	0.2	12:30	0.1	5:59	8:06	
5	Thu	6:20	1.7	6:58	2.1	1:24	0.2	1:33	0.1	6:00	8:05	
6	Fri	7:27	1.8	7:59	2.2	2:23	0.1	2:32	0.1	6:00	8:04	
7	Sat	8:29	1.8	8:55	2.2	3:17	0.0	3:26	0.1	6:01	8:03	
8	Sun	9:22	1.9	9:44	2.2	4:08	0.0	4:18	0.1	6:02	8:01	
9	Mon	10:11	2.0	10:29	2.2	4:56	0.0	5:08	0.1	6:03	8:00	
10	Tue	10:55	2.0	11:12	2.2	5:42	-0.1	5:55	0.1	6:04	7:59	
11	Wed	11:38	2.0	11:54	2.1	6:24	0.0	6:39	0.1	6:05	7:58	
12	Thu			12:21	2.0	7:03	0.0	7:20	0.1	6:06	7:56	
13	Fri	12:36	2.0	1:03	1.9	7:39	0.0	8:00	0.2	6:07	7:55	
14	Sat	1:18	1.9	1:46	1.9	8:14	0.1	8:40	0.3	6:08	7:54	
15	Sun	2:03	1.8	2:30	1.8	8:48	0.2	9:22	0.3	6:09	7:52	
16	Mon	2:49	1.7	3:14	1.8	9:25	0.3	10:12	0.4	6:10	7:51	
17	Tue	3:36	1.6	3:59	1.8	10:09	0.3	11:13	0.5	6:11	7:50	
18	Wed	4:25	1.6	4:44	1.8	11:05	0.4			6:12	7:48	
19	Thu	5:15	1.5	5:33	1.8	12:18	0.4	12:08	0.4	6:13	7:47	
20	Fri	6:11	1.5	6:29	1.8	1:17	0.4	1:09	0.4	6:14	7:46	
21	Sat	7:12	1.6	7:28	1.9	2:11	0.3	2:05	0.3	6:15	7:44	
22	Sun	8:08	1.7	8:22	2.0	2:59	0.2	2:56	0.2	6:15	7:43	
23	Mon	8:58	1.8	9:10	2.2	3:46	0.1	3:47	0.1	6:16	7:41	
24	Tue	9:43	2.0	9:55	2.2	4:31	0.0	4:37	0.0	6:17	7:40	
25	Wed	10:27	2.1	10:39	2.3	5:17	-0.1	5:27	0.0	6:18	7:38	
26	Thu	11:12	2.2	11:25	2.3	6:02	-0.1	6:18	-0.1	6:19	7:37	
27	Fri	11:59	2.3			6:46	-0.2	7:07	-0.1	6:20	7:35	
28	Sat	12:14	2.2	12:49	2.3	7:30	-0.1	7:56	-0.1	6:21	7:34	
29	Sun	1:06	2.1	1:44	2.2	8:15	-0.1	8:48	0.0	6:22	7:32	
30	Mon	2:04	2.0	2:42	2.2	9:04	0.0	9:46	0.1	6:23	7:31	
31	Tue	3:04	1.9	3:41	2.2	10:00	0.1	10:52	0.2	6:24	7:29	