

Beach Haven Crest, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:16	1.6	12:29	1.8	7:09	0.0	7:45	-0.1	7:17	4:43	
2	Tue	1:07	1.6	1:22	1.8	7:57	0.1	8:29	-0.1	7:17	4:44	
3	Wed	2:01	1.7	2:18	1.7	8:55	0.1	9:20	-0.1	7:17	4:45	
4	Thu	2:56	1.7	3:15	1.6	10:07	0.1	10:21	0.0	7:17	4:45	
5	Fri	3:52	1.8	4:16	1.5	11:22	0.1	11:26	0.0	7:17	4:46	
6	Sat	4:53	1.9	5:22	1.5			12:31	0.0	7:17	4:47	
7	Sun	5:58	1.9	6:32	1.5	12:30	-0.1	1:34	0.0	7:17	4:48	
8	Mon	7:04	2.0	7:36	1.6	1:30	-0.1	2:31	-0.1	7:17	4:49	
9	Tue	8:02	2.0	8:33	1.7	2:27	-0.1	3:26	-0.2	7:17	4:50	
10	Wed	8:55	2.1	9:25	1.7	3:23	-0.2	4:18	-0.2	7:17	4:51	
11	Thu	9:43	2.1	10:15	1.7	4:17	-0.2	5:07	-0.3	7:16	4:52	
12	Fri	10:30	2.0	11:03	1.7	5:08	-0.2	5:53	-0.3	7:16	4:53	
13	Sat	11:16	2.0	11:51	1.7	5:55	-0.2	6:34	-0.2	7:16	4:54	
14	Sun			12:01	1.8	6:39	-0.1	7:14	-0.2	7:16	4:55	
15	Mon	12:38	1.7	12:46	1.7	7:21	0.0	7:52	-0.1	7:15	4:56	
16	Tue	1:25	1.6	1:32	1.6	8:05	0.1	8:30	0.0	7:15	4:57	
17	Wed	2:12	1.6	2:19	1.5	8:52	0.2	9:12	0.1	7:14	4:59	
18	Thu	2:57	1.6	3:05	1.4	9:48	0.2	10:00	0.2	7:14	5:00	
19	Fri	3:41	1.5	3:52	1.3	10:50	0.3	10:55	0.2	7:13	5:01	
20	Sat	4:29	1.5	4:45	1.2	11:53	0.2	11:52	0.2	7:13	5:02	
21	Sun	5:21	1.5	5:45	1.2			12:50	0.2	7:12	5:03	
22	Mon	6:19	1.6	6:48	1.2	12:47	0.2	1:42	0.1	7:12	5:04	
23	Tue	7:13	1.7	7:42	1.3	1:38	0.1	2:30	0.1	7:11	5:05	
24	Wed	8:01	1.8	8:27	1.4	2:26	0.1	3:16	0.0	7:10	5:07	
25	Thu	8:43	1.9	9:09	1.5	3:13	0.0	4:01	-0.1	7:10	5:08	
26	Fri	9:23	1.9	9:49	1.6	4:00	0.0	4:44	-0.2	7:09	5:09	
27	Sat	10:03	2.0	10:28	1.7	4:46	-0.1	5:25	-0.2	7:08	5:10	
28	Sun	10:43	2.0	11:10	1.7	5:30	-0.1	6:04	-0.3	7:07	5:11	
29	Mon	11:26	1.9	11:55	1.8	6:14	-0.2	6:42	-0.3	7:07	5:12	
30	Tue			12:13	1.8	6:59	-0.1	7:21	-0.2	7:06	5:14	
31	Wed	12:44	1.8	1:05	1.7	7:47	-0.1	8:04	-0.2	7:05	5:15	