

Beach Haven Crest, NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:07	1.7	5:48	1.8			12:28	0.2	5:31	8:18	
2	Sat	5:58	1.6	6:39	1.9	12:59	0.3	1:17	0.2	5:30	8:18	
3	Sun	6:52	1.6	7:29	1.9	1:53	0.3	2:01	0.2	5:30	8:19	
4	Mon	7:47	1.6	8:16	2.0	2:41	0.3	2:43	0.2	5:30	8:20	
5	Tue	8:37	1.6	8:59	2.0	3:26	0.2	3:24	0.2	5:29	8:20	
6	Wed	9:22	1.6	9:39	2.1	4:10	0.2	4:05	0.2	5:29	8:21	
7	Thu	10:04	1.6	10:17	2.1	4:54	0.1	4:47	0.2	5:29	8:22	
8	Fri	10:44	1.6	10:54	2.1	5:38	0.1	5:30	0.2	5:29	8:22	
9	Sat	11:24	1.6	11:29	2.0	6:20	0.1	6:11	0.3	5:28	8:23	
10	Sun			12:04	1.6	6:59	0.1	6:51	0.3	5:28	8:23	
11	Mon	12:06	2.0	12:44	1.6	7:37	0.1	7:28	0.3	5:28	8:24	
12	Tue	12:44	2.0	1:27	1.6	8:13	0.1	8:06	0.3	5:28	8:24	
13	Wed	1:26	1.9	2:14	1.6	8:51	0.1	8:48	0.3	5:28	8:25	
14	Thu	2:15	1.9	3:03	1.7	9:31	0.1	9:41	0.4	5:28	8:25	
15	Fri	3:08	1.8	3:52	1.8	10:19	0.1	10:48	0.4	5:28	8:26	
16	Sat	4:02	1.8	4:43	1.9	11:14	0.1			5:28	8:26	
17	Sun	4:59	1.8	5:38	2.0	12:03	0.3	12:13	0.1	5:28	8:26	
18	Mon	6:01	1.7	6:38	2.1	1:12	0.2	1:13	0.1	5:28	8:27	
19	Tue	7:08	1.7	7:41	2.2	2:14	0.1	2:11	0.0	5:28	8:27	
20	Wed	8:15	1.8	8:41	2.3	3:13	0.0	3:08	0.0	5:29	8:27	
21	Thu	9:15	1.8	9:37	2.4	4:10	0.0	4:04	0.0	5:29	8:27	
22	Fri	10:11	1.9	10:30	2.4	5:06	-0.1	5:02	-0.1	5:29	8:28	
23	Sat	11:06	1.9	11:22	2.4	6:01	-0.2	5:59	0.0	5:29	8:28	
24	Sun			12:01	2.0	6:52	-0.2	6:52	0.0	5:30	8:28	
25	Mon	12:15	2.3	12:56	1.9	7:40	-0.2	7:43	0.0	5:30	8:28	
26	Tue	1:08	2.2	1:52	1.9	8:26	-0.1	8:33	0.1	5:30	8:28	
27	Wed	2:01	2.0	2:45	1.9	9:12	0.0	9:24	0.2	5:31	8:28	
28	Thu	2:53	1.9	3:36	1.9	10:00	0.1	10:20	0.3	5:31	8:28	
29	Fri	3:43	1.8	4:23	1.9	10:49	0.2	11:20	0.4	5:31	8:28	
30	Sat	4:30	1.7	5:09	1.9	11:39	0.2			5:32	8:28	