

































Beach Haven Crest, NJ - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:53	2.2	10:28	1.8	4:31	-0.3	5:24	-0.3	7:17	4:43	
2	Sat	10:44	2.2	11:22	1.9	5:25	-0.3	6:12	-0.4	7:17	4:44	
3	Sun	11:36	2.2			6:17	-0.3	6:59	-0.4	7:17	4:45	
4	Mon	12:17	1.9	12:31	2.0	7:08	-0.2	7:46	-0.3	7:17	4:46	
5	Tue	1:14	1.9	1:27	1.9	8:02	-0.1	8:36	-0.2	7:17	4:46	
6	Wed	2:10	1.9	2:24	1.8	9:01	0.0	9:31	-0.1	7:17	4:47	
7	Thu	3:05	1.8	3:19	1.6	10:06	0.0	10:30	-0.1	7:17	4:48	
8	Fri	3:59	1.8	4:14	1.5	11:14	0.1	11:29	0.0	7:17	4:49	
9	Sat	4:54	1.8	5:13	1.4			12:18	0.1	7:17	4:50	
10	Sun	5:52	1.7	6:16	1.4	12:27	0.0	1:15	0.1	7:17	4:51	
11	Mon	6:49	1.8	7:15	1.4	1:19	0.0	2:07	0.0	7:16	4:52	
12	Tue	7:41	1.8	8:07	1.4	2:08	0.0	2:54	0.0	7:16	4:53	
13	Wed	8:27	1.8	8:52	1.5	2:55	0.0	3:39	0.0	7:16	4:54	
14	Thu	9:09	1.8	9:33	1.5	3:40	0.0	4:22	-0.1	7:15	4:55	
15	Fri	9:48	1.8	10:12	1.6	4:24	0.0	5:03	-0.1	7:15	4:57	
16	Sat	10:25	1.8	10:51	1.6	5:05	0.0	5:40	-0.1	7:15	4:58	
17	Sun	11:02	1.8	11:28	1.5	5:45	0.0	6:15	-0.1	7:14	4:59	
18	Mon	11:37	1.7			6:21	0.0	6:47	-0.1	7:14	5:00	
19	Tue	12:05	1.5	12:12	1.6	6:56	0.1	7:18	0.0	7:13	5:01	
20	Wed	12:41	1.5	12:49	1.5	7:31	0.1	7:48	0.0	7:13	5:02	
21	Thu	1:19	1.5	1:31	1.5	8:09	0.2	8:21	0.0	7:12	5:03	
22	Fri	2:01	1.5	2:18	1.4	8:58	0.2	9:03	0.1	7:12	5:04	
23	Sat	2:47	1.6	3:11	1.3	10:06	0.2	10:01	0.1	7:11	5:06	
24	Sun	3:38	1.6	4:09	1.3	11:23	0.2	11:12	0.1	7:10	5:07	
25	Mon	4:38	1.7	5:17	1.3			12:32	0.1	7:10	5:08	
26	Tue	5:46	1.8	6:29	1.4	12:22	0.0	1:32	0.0	7:09	5:09	
27	Wed	6:54	1.9	7:33	1.5	1:25	-0.1	2:28	-0.1	7:08	5:10	
28	Thu	7:54	2.0	8:29	1.7	2:24	-0.2	3:21	-0.2	7:07	5:11	
29	Fri	8:48	2.1	9:21	1.8	3:21	-0.3	4:13	-0.3	7:06	5:13	
30	Sat	9:39	2.2	10:12	1.9	4:17	-0.3	5:02	-0.4	7:06	5:14	
31	Sun	10:29	2.2	11:02	2.0	5:11	-0.4	5:50	-0.5	7:05	5:15	