






























## Beach Haven Crest, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:23	1.7	5:44	1.5			12:49	0.1	7:17	4:43	
2	Mon	6:19	1.8	6:42	1.4	12:49	0.0	1:42	0.1	7:17	4:44	
3	Tue	7:11	1.8	7:36	1.5	1:36	0.0	2:30	0.0	7:17	4:45	
4	Wed	7:58	1.8	8:24	1.5	2:21	0.0	3:16	0.0	7:17	4:45	
5	Thu	8:40	1.8	9:08	1.5	3:05	0.0	4:01	0.0	7:17	4:46	
6	Fri	9:20	1.8	9:49	1.5	3:49	0.0	4:44	0.0	7:17	4:47	
7	Sat	9:57	1.8	10:30	1.5	4:32	0.0	5:24	-0.1	7:17	4:48	
8	Sun	10:34	1.8	11:10	1.5	5:14	0.0	6:02	-0.1	7:17	4:49	
9	Mon	11:10	1.7	11:51	1.5	5:53	0.1	6:37	0.0	7:17	4:50	
10	Tue	11:45	1.7			6:30	0.1	7:10	0.0	7:17	4:51	
11	Wed	12:32	1.4	12:21	1.6	7:05	0.1	7:43	0.0	7:16	4:52	
12	Thu	1:13	1.4	1:01	1.6	7:43	0.2	8:16	0.1	7:16	4:53	
13	Fri	1:55	1.4	1:45	1.5	8:26	0.2	8:53	0.1	7:16	4:54	
14	Sat	2:39	1.5	2:35	1.4	9:22	0.2	9:41	0.1	7:16	4:55	
15	Sun	3:24	1.6	3:29	1.4	10:34	0.2	10:42	0.1	7:15	4:56	
16	Mon	4:15	1.6	4:29	1.4	11:47	0.2	11:47	0.1	7:15	4:57	
17	Tue	5:14	1.7	5:38	1.4			12:53	0.1	7:14	4:59	
18	Wed	6:20	1.8	6:50	1.4	12:50	0.0	1:52	0.0	7:14	5:00	
19	Thu	7:23	2.0	7:53	1.5	1:49	-0.1	2:48	-0.1	7:13	5:01	
20	Fri	8:20	2.1	8:49	1.7	2:47	-0.2	3:43	-0.3	7:13	5:02	
21	Sat	9:13	2.2	9:42	1.8	3:45	-0.2	4:37	-0.3	7:12	5:03	
22	Sun	10:05	2.2	10:35	1.8	4:41	-0.3	5:28	-0.4	7:12	5:04	
23	Mon	10:57	2.2	11:28	1.8	5:35	-0.3	6:16	-0.4	7:11	5:05	
24	Tue	11:49	2.1			6:27	-0.3	7:02	-0.4	7:10	5:06	
25	Wed	12:23	1.8	12:42	2.0	7:18	-0.2	7:48	-0.3	7:10	5:08	
26	Thu	1:18	1.8	1:36	1.8	8:10	-0.1	8:35	-0.2	7:09	5:09	
27	Fri	2:11	1.8	2:29	1.7	9:07	0.0	9:26	-0.1	7:08	5:10	
28	Sat	3:03	1.7	3:22	1.5	10:11	0.1	10:21	0.0	7:07	5:11	
29	Sun	3:54	1.7	4:15	1.4	11:18	0.1	11:19	0.1	7:07	5:12	
30	Mon	4:46	1.6	5:12	1.3			12:20	0.1	7:06	5:14	
31	Tue	5:43	1.6	6:14	1.3	12:15	0.1	1:17	0.1	7:05	5:15	