US HARBORS www.USHarbors.com

Beach Haven Crest, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:12	1.9	8:41	1.8	2:42	-0.1	3:26	-0.2	6:29	5:48	
2	Mon	8:59	2.0	9:27	1.9	3:34	-0.2	4:12	-0.2	6:27	5:50	
3	Tue	9:43	2.0	10:10	1.9	4:23	-0.2	4:55	-0.3	6:26	5:51	
4	Wed	10:24	1.9	10:51	1.9	5:09	-0.2	5:35	-0.2	6:24	5:52	
5	Thu	11:05	1.8	11:31	1.9	5:52	-0.2	6:11	-0.2	6:23	5:53	
6	Fri	11:45	1.7			6:32	-0.1	6:45	-0.1	6:21	5:54	
7	Sat	12:11	1.8	12:27	1.6	7:10	0.0	7:17	0.0	6:20	5:55	
8	Sun	12:52	1.7	2:11	1.5	8:49	0.1	8:50	0.1	7:18	6:56	
9	Mon	2:35	1.7	2:58	1.4	9:31	0.2	9:25	0.2	7:17	6:57	
10	Tue	3:21	1.6	3:48	1.3	10:23	0.2	10:13	0.3	7:15	6:58	
11	Wed	4:09	1.5	4:40	1.2	11:29	0.3	11:23	0.4	7:13	6:59	
12	Thu	5:02	1.5	5:37	1.2			12:38	0.3	7:12	7:00	
13	Fri	6:01	1.5	6:41	1.3	12:39	0.4	1:38	0.2	7:10	7:01	
14	Sat	7:04	1.6	7:42	1.4	1:43	0.3	2:30	0.2	7:09	7:02	
15	Sun	8:02	1.6	8:33	1.5	2:37	0.2	3:16	0.1	7:07	7:03	
16	Mon	8:51	1.8	9:17	1.7	3:26	0.1	3:59	0.0	7:06	7:04	
17	Tue	9:34	1.9	9:56	1.8	4:13	0.0	4:41	-0.1	7:04	7:05	
18	Wed	10:14	1.9	10:34	1.9	5:00	-0.1	5:22	-0.2	7:02	7:06	
19	Thu	10:55	1.9	11:13	2.0	5:47	-0.2	6:03	-0.2	7:01	7:07	
20	Fri	11:38	1.9	11:55	2.1	6:33	-0.2	6:43	-0.2	6:59	7:08	
21	Sat			12:23	1.8	7:18	-0.2	7:24	-0.2	6:58	7:09	
22	Sun	12:41	2.1	1:14	1.8	8:05	-0.2	8:06	-0.1	6:56	7:10	
23	Mon	1:33	2.0	2:11	1.7	8:55	-0.1	8:53	0.0	6:54	7:11	
24	Tue	2:32	2.0	3:14	1.6	9:54	0.0	9:51	0.1	6:53	7:12	
25	Wed	3:35	1.9	4:17	1.5	11:05	0.1	11:05	0.2	6:51	7:13	
26	Thu	4:39	1.8	5:22	1.5			12:20	0.1	6:50	7:14	
27	Fri	5:45	1.8	6:29	1.6	12:24	0.2	1:26	0.1	6:48	7:15	
28	Sat	6:54	1.8	7:35	1.7	1:34	0.1	2:23	0.0	6:46	7:16	
29	Sun	7:58	1.8	8:32	1.8	2:34	0.1	3:13	-0.1	6:45	7:17	
30	Mon	8:51	1.9	9:20	1.9	3:27	0.0	3:59	-0.1	6:43	7:18	
31	Tue	9:37	1.9	10:02	2.0	4:16	-0.1	4:42	-0.1	6:42	7:19	