US HARBORS www.USHarbors.com

Beach Haven Crest, NJ - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:31	1.8	10:48	2.1	5:22	0.0	5:25	0.1	5:57	7:50	
2	Sat	11:10	1.7	11:24	2.1	6:04	0.0	6:02	0.1	5:55	7:51	
3	Sun	11:49	1.7	11:59	2.0	6:43	0.0	6:39	0.2	5:54	7:52	
4	Mon			12:29	1.6	7:21	0.1	7:14	0.2	5:53	7:53	
5	Tue	12:36	1.9	1:12	1.5	7:58	0.1	7:48	0.3	5:52	7:54	
6	Wed	1:15	1.8	1:58	1.5	8:36	0.2	8:23	0.4	5:51	7:55	
7	Thu	1:58	1.8	2:49	1.4	9:17	0.2	9:02	0.4	5:50	7:56	
8	Fri	2:48	1.7	3:39	1.5	10:05	0.3	9:56	0.5	5:49	7:57	
9	Sat	3:39	1.7	4:27	1.5	11:03	0.3	11:11	0.5	5:48	7:58	
10	Sun	4:32	1.7	5:16	1.6			12:02	0.3	5:46	7:59	
11	Mon	5:26	1.7	6:09	1.7	12:25	0.4	12:57	0.2	5:45	8:00	
12	Tue	6:26	1.7	7:05	1.9	1:29	0.3	1:47	0.1	5:44	8:01	
13	Wed	7:28	1.8	7:59	2.0	2:26	0.2	2:35	0.1	5:44	8:02	
14	Thu	8:26	1.8	8:50	2.2	3:19	0.1	3:22	0.0	5:43	8:03	
15	Fri	9:19	1.9	9:38	2.3	4:12	0.0	4:11	-0.1	5:42	8:04	
16	Sat	10:10	1.9	10:27	2.4	5:06	-0.1	5:03	-0.1	5:41	8:05	
17	Sun	11:02	1.9	11:17	2.4	6:00	-0.2	5:56	-0.1	5:40	8:06	
18	Mon	11:56	1.9			6:52	-0.2	6:49	-0.1	5:39	8:07	
19	Tue	12:11	2.4	12:54	1.9	7:44	-0.2	7:41	0.0	5:38	8:07	
20	Wed	1:09	2.3	1:56	1.8	8:35	-0.1	8:36	0.1	5:38	8:08	
21	Thu	2:10	2.1	2:58	1.8	9:30	0.0	9:35	0.2	5:37	8:09	
22	Fri	3:11	2.0	3:57	1.8	10:30	0.0	10:42	0.2	5:36	8:10	
23	Sat	4:08	1.9	4:52	1.8	11:31	0.1	11:51	0.3	5:35	8:11	
24	Sun	5:03	1.8	5:46	1.9			12:29	0.1	5:35	8:12	
25	Mon	5:58	1.7	6:40	1.9	12:55	0.3	1:20	0.1	5:34	8:13	
26	Tue	6:54	1.7	7:32	2.0	1:52	0.2	2:07	0.1	5:33	8:13	
27	Wed	7:49	1.7	8:20	2.0	2:43	0.2	2:50	0.1	5:33	8:14	
28	Thu	8:39	1.6	9:03	2.1	3:29	0.2	3:30	0.2	5:32	8:15	
29	Fri	9:24	1.7	9:43	2.1	4:13	0.1	4:10	0.2	5:32	8:16	
30	Sat	10:06	1.7	10:20	2.1	4:57	0.1	4:51	0.2	5:31	8:16	
31	Sun	10:47	1.6	10:57	2.1	5:40	0.1	5:33	0.2	5:31	8:17	