US HARBORS www.USHarbors.com

Beach Haven Crest, NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:05	2.1	7:33	1.7	1:35	-0.1	2:26	-0.2	7:17	4:43	
2	Wed	8:03	2.1	8:30	1.7	2:32	-0.2	3:21	-0.2	7:17	4:44	
3	Thu	8:56	2.2	9:23	1.8	3:27	-0.2	4:14	-0.3	7:17	4:45	
4	Fri	9:45	2.2	10:14	1.8	4:21	-0.2	5:04	-0.3	7:17	4:46	
5	Sat	10:34	2.1	11:04	1.8	5:13	-0.2	5:51	-0.3	7:17	4:47	
6	Sun	11:22	2.1	11:53	1.8	6:02	-0.2	6:35	-0.3	7:17	4:47	
7	Mon			12:10	1.9	6:48	-0.1	7:17	-0.2	7:17	4:48	
8	Tue	12:43	1.7	12:58	1.8	7:33	0.0	7:58	-0.1	7:17	4:49	
9	Wed	1:33	1.7	1:47	1.7	8:19	0.1	8:40	0.0	7:17	4:50	
10	Thu	2:21	1.6	2:35	1.5	9:11	0.2	9:26	0.1	7:17	4:51	
11	Fri	3:07	1.6	3:23	1.4	10:10	0.2	10:17	0.1	7:16	4:52	
12	Sat	3:53	1.6	4:12	1.4	11:13	0.3	11:11	0.2	7:16	4:53	
13	Sun	4:41	1.5	5:06	1.3			12:12	0.2	7:16	4:54	
14	Mon	5:35	1.6	6:05	1.3	12:06	0.2	1:06	0.2	7:15	4:56	
15	Tue	6:30	1.6	7:03	1.3	12:58	0.1	1:55	0.1	7:15	4:57	
16	Wed	7:22	1.7	7:53	1.4	1:47	0.1	2:42	0.0	7:15	4:58	
17	Thu	8:07	1.8	8:38	1.5	2:33	0.0	3:26	0.0	7:14	4:59	
18	Fri	8:48	1.8	9:18	1.6	3:19	0.0	4:10	-0.1	7:14	5:00	
19	Sat	9:26	1.9	9:57	1.6	4:04	-0.1	4:52	-0.2	7:13	5:01	
20	Sun	10:03	1.9	10:36	1.7	4:49	-0.1	5:32	-0.2	7:13	5:02	
21	Mon	10:41	1.9	11:17	1.7	5:32	-0.1	6:10	-0.2	7:12	5:03	
22	Tue	11:22	1.9			6:15	-0.1	6:47	-0.2	7:11	5:05	
23	Wed	12:00	1.7	12:07	1.8	6:58	-0.1	7:25	-0.2	7:11	5:06	
24	Thu	12:49	1.8	12:58	1.7	7:44	-0.1	8:06	-0.2	7:10	5:07	
25	Fri	1:42	1.8	1:55	1.6	8:39	0.0	8:57	-0.1	7:09	5:08	
26	Sat	2:38	1.8	2:54	1.6	9:45	0.0	10:00	-0.1	7:09	5:09	
27	Sun	3:36	1.8	3:56	1.5	10:59	0.0	11:11	0.0	7:08	5:10	
28	Mon	4:38	1.8	5:03	1.5			12:10	0.0	7:07	5:12	
29	Tue	5:44	1.8	6:14	1.5	12:19	-0.1	1:14	-0.1	7:06	5:13	
30	Wed	6:51	1.9	7:21	1.6	1:22	-0.1	2:11	-0.1	7:05	5:14	
31	Thu	7:50	2.0	8:18	1.7	2:20	-0.2	3:05	-0.2	7:04	5:15	