














## Beach Haven Crest, NJ - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:55	1.7	4:13	1.5	11:11	0.2	11:20	0.1	7:17	4:43	
2	Thu	4:46	1.7	5:07	1.4			12:12	0.2	7:17	4:44	
3	Fri	5:39	1.7	6:04	1.4	12:13	0.1	1:06	0.1	7:17	4:45	
4	Sat	6:34	1.7	7:00	1.4	1:02	0.1	1:55	0.1	7:17	4:45	
5	Sun	7:24	1.7	7:50	1.5	1:49	0.1	2:40	0.0	7:17	4:46	
6	Mon	8:09	1.8	8:35	1.5	2:33	0.0	3:24	0.0	7:17	4:47	
7	Tue	8:49	1.8	9:17	1.6	3:17	0.0	4:07	-0.1	7:17	4:48	
8	Wed	9:27	1.8	9:56	1.6	4:00	0.0	4:48	-0.1	7:17	4:49	
9	Thu	10:02	1.8	10:34	1.6	4:43	0.0	5:27	-0.1	7:17	4:50	
10	Fri	10:36	1.8	11:12	1.6	5:23	0.0	6:03	-0.1	7:17	4:51	
11	Sat	11:09	1.8	11:49	1.6	6:01	0.0	6:37	-0.1	7:16	4:52	
12	Sun	11:43	1.7			6:38	0.0	7:09	-0.1	7:16	4:53	
13	Mon	12:27	1.6	12:23	1.7	7:15	0.0	7:42	0.0	7:16	4:54	
14	Tue	1:10	1.6	1:09	1.6	7:57	0.1	8:19	0.0	7:15	4:55	
15	Wed	1:58	1.6	2:03	1.6	8:49	0.1	9:06	0.0	7:15	4:56	
16	Thu	2:51	1.7	3:01	1.5	9:57	0.1	10:09	0.0	7:15	4:57	
17	Fri	3:46	1.7	4:03	1.5	11:13	0.1	11:21	0.0	7:14	4:59	
18	Sat	4:48	1.8	5:12	1.5			12:23	0.0	7:14	5:00	
19	Sun	5:55	1.9	6:24	1.5	12:30	-0.1	1:26	-0.1	7:13	5:01	
20	Mon	7:01	2.0	7:31	1.6	1:32	-0.1	2:23	-0.2	7:13	5:02	
21	Tue	8:01	2.1	8:29	1.8	2:31	-0.2	3:18	-0.3	7:12	5:03	
22	Wed	8:54	2.2	9:22	1.9	3:28	-0.3	4:12	-0.4	7:12	5:04	
23	Thu	9:45	2.2	10:13	1.9	4:23	-0.3	5:02	-0.4	7:11	5:05	
24	Fri	10:35	2.2	11:04	1.9	5:17	-0.4	5:50	-0.5	7:10	5:07	
25	Sat	11:25	2.1	11:55	1.9	6:07	-0.3	6:35	-0.4	7:10	5:08	
26	Sun			12:15	2.0	6:54	-0.3	7:19	-0.3	7:09	5:09	
27	Mon	12:46	1.8	1:06	1.8	7:42	-0.1	8:02	-0.2	7:08	5:10	
28	Tue	1:37	1.8	1:57	1.7	8:32	0.0	8:47	-0.1	7:07	5:11	
29	Wed	2:28	1.7	2:48	1.5	9:28	0.1	9:38	0.0	7:06	5:12	
30	Thu	3:16	1.6	3:38	1.4	10:30	0.2	10:33	0.1	7:06	5:14	
31	Fri	4:05	1.6	4:30	1.3	11:33	0.2	11:31	0.1	7:05	5:15	