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# Beach Haven Crest, NJ - Jan 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **7:36** | 2.0 | **8:12** | 1.6 | **2:04** | -0.1 | **3:07** | -0.1 | 7:17 | 4:43 | |
| 2 | Mon | **8:31** | 2.2 | **9:05** | 1.7 | **3:00** | -0.2 | **4:02** | -0.2 | 7:17 | 4:44 | |
| 3 | Tue | **9:24** | 2.2 | **9:58** | 1.8 | **3:56** | -0.2 | **4:55** | -0.3 | 7:17 | 4:45 | |
| 4 | Wed | **10:15** | 2.2 | **10:51** | 1.8 | **4:52** | -0.3 | **5:45** | -0.4 | 7:17 | 4:46 | |
| 5 | Thu | **11:08** | 2.2 | **11:46** | 1.9 | **5:46** | -0.3 | **6:33** | -0.4 | 7:17 | 4:47 | |
| 6 | Fri | | | **12:01** | 2.1 | **6:38** | -0.3 | **7:20** | -0.3 | 7:17 | 4:48 | |
| 7 | Sat | **12:42** | 1.9 | **12:56** | 2.0 | **7:30** | -0.2 | **8:07** | -0.3 | 7:17 | 4:49 | |
| 8 | Sun | **1:38** | 1.8 | **1:51** | 1.8 | **8:24** | -0.1 | **8:58** | -0.2 | 7:17 | 4:50 | |
| 9 | Mon | **2:33** | 1.8 | **2:45** | 1.7 | **9:24** | 0.0 | **9:52** | -0.1 | 7:17 | 4:51 | |
| 10 | Tue | **3:25** | 1.8 | **3:38** | 1.5 | **10:30** | 0.1 | **10:49** | 0.0 | 7:16 | 4:52 | |
| 11 | Wed | **4:17** | 1.7 | **4:32** | 1.4 | **11:36** | 0.1 | **11:46** | 0.1 | 7:16 | 4:53 | |
| 12 | Thu | **5:10** | 1.7 | **5:31** | 1.3 | | | **12:36** | 0.1 | 7:16 | 4:54 | |
| 13 | Fri | **6:07** | 1.7 | **6:32** | 1.3 | **12:40** | 0.1 | **1:30** | 0.1 | 7:16 | 4:55 | |
| 14 | Sat | **7:03** | 1.7 | **7:29** | 1.3 | **1:30** | 0.1 | **2:19** | 0.1 | 7:15 | 4:56 | |
| 15 | Sun | **7:52** | 1.7 | **8:18** | 1.4 | **2:17** | 0.1 | **3:05** | 0.0 | 7:15 | 4:57 | |
| 16 | Mon | **8:36** | 1.8 | **9:01** | 1.4 | **3:02** | 0.1 | **3:49** | 0.0 | 7:14 | 4:58 | |
| 17 | Tue | **9:17** | 1.8 | **9:41** | 1.5 | **3:47** | 0.0 | **4:31** | -0.1 | 7:14 | 4:59 | |
| 18 | Wed | **9:55** | 1.8 | **10:20** | 1.5 | **4:30** | 0.0 | **5:11** | -0.1 | 7:13 | 5:00 | |
| 19 | Thu | **10:31** | 1.8 | **10:57** | 1.5 | **5:12** | 0.0 | **5:48** | -0.1 | 7:13 | 5:01 | |
| 20 | Fri | **11:05** | 1.7 | **11:33** | 1.5 | **5:50** | 0.0 | **6:21** | -0.1 | 7:12 | 5:03 | |
| 21 | Sat | **11:39** | 1.7 | | | **6:26** | 0.0 | **6:53** | -0.1 | 7:12 | 5:04 | |
| 22 | Sun | **12:07** | 1.5 | **12:14** | 1.6 | **7:00** | 0.1 | **7:22** | 0.0 | 7:11 | 5:05 | |
| 23 | Mon | **12:43** | 1.5 | **12:52** | 1.5 | **7:35** | 0.1 | **7:53** | 0.0 | 7:10 | 5:06 | |
| 24 | Tue | **1:23** | 1.5 | **1:37** | 1.5 | **8:16** | 0.2 | **8:28** | 0.0 | 7:10 | 5:07 | |
| 25 | Wed | **2:08** | 1.6 | **2:28** | 1.4 | **9:11** | 0.2 | **9:14** | 0.1 | 7:09 | 5:08 | |
| 26 | Thu | **2:58** | 1.6 | **3:25** | 1.4 | **10:26** | 0.2 | **10:18** | 0.1 | 7:08 | 5:10 | |
| 27 | Fri | **3:54** | 1.7 | **4:28** | 1.3 | **11:44** | 0.2 | **11:33** | 0.1 | 7:08 | 5:11 | |
| 28 | Sat | **4:59** | 1.7 | **5:41** | 1.3 | | | **12:53** | 0.1 | 7:07 | 5:12 | |
| 29 | Sun | **6:11** | 1.8 | **6:54** | 1.4 | **12:43** | 0.0 | **1:53** | 0.0 | 7:06 | 5:13 | |
| 30 | Mon | **7:19** | 2.0 | **7:56** | 1.6 | **1:47** | -0.1 | **2:49** | -0.2 | 7:05 | 5:14 | |
| 31 | Tue | **8:18** | 2.1 | **8:51** | 1.7 | **2:46** | -0.2 | **3:43** | -0.3 | 7:04 | 5:15 | |