



Beach Haven, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:11	2.2	9:31	2.2	3:15	-0.2	3:34	-0.3	6:29	5:49	☀
2	Tue	9:49	2.2	10:07	2.2	3:55	-0.2	4:10	-0.2	6:27	5:50	☀
3	Wed	10:26	2.1	10:42	2.1	4:32	-0.1	4:43	-0.2	6:26	5:51	☀
4	Thu	11:04	2.0	11:17	2.0	5:08	0.0	5:14	-0.1	6:24	5:52	☀
5	Fri	11:42	1.9	11:52	2.0	5:43	0.1	5:45	0.1	6:23	5:53	☀
6	Sat			12:24	1.8	6:19	0.2	6:17	0.2	6:21	5:54	☀
7	Sun	12:32	1.9	1:10	1.7	7:00	0.3	6:55	0.3	6:20	5:55	☀
8	Mon	1:17	1.9	2:00	1.6	7:57	0.4	7:49	0.4	6:18	5:56	☀
9	Tue	2:08	1.9	2:54	1.6	9:09	0.5	9:03	0.4	6:17	5:57	☀
10	Wed	3:05	1.9	3:54	1.7	10:18	0.4	10:17	0.3	6:15	5:58	☀
11	Thu	4:09	2.0	4:59	1.8	11:17	0.2	11:21	0.1	6:14	5:59	☀
12	Fri	5:18	2.1	6:01	2.0			12:10	0.0	6:12	6:00	☀
13	Sat	6:20	2.3	6:55	2.2	12:19	-0.1	1:00	-0.2	6:10	6:02	☀
14	Sun	7:14	2.4	7:45	2.4	1:13	-0.3	1:49	-0.4	6:09	6:03	☀
15	Mon	8:04	2.5	8:33	2.6	2:07	-0.5	2:37	-0.6	6:07	6:04	☀
16	Tue	8:53	2.6	9:21	2.7	3:00	-0.6	3:25	-0.7	6:06	6:05	☀
17	Wed	9:42	2.6	10:11	2.7	3:52	-0.7	4:13	-0.7	6:04	6:06	☀
18	Thu	10:34	2.5	11:03	2.7	4:42	-0.7	4:59	-0.6	6:02	6:07	☀
19	Fri	11:28	2.3	11:58	2.6	5:32	-0.6	5:47	-0.4	6:01	6:08	☀
20	Sat			12:26	2.2	6:24	-0.4	6:38	-0.2	5:59	6:09	☀
21	Sun	12:56	2.4	1:26	2.1	7:22	-0.1	7:37	0.0	5:58	6:10	☀
22	Mon	1:54	2.3	2:25	2.0	8:26	0.0	8:45	0.2	5:56	6:11	☀
23	Tue	2:52	2.2	3:24	1.9	9:34	0.1	9:54	0.3	5:54	6:12	☀
24	Wed	3:51	2.1	4:25	1.9	10:36	0.2	10:57	0.3	5:53	6:13	☀
25	Thu	4:52	2.1	5:26	1.9	11:31	0.1	11:52	0.2	5:51	6:14	☀
26	Fri	5:51	2.1	6:21	2.0			12:19	0.1	5:50	6:15	☀
27	Sat	6:42	2.1	7:07	2.1	12:40	0.1	1:02	0.0	5:48	6:16	☀
28	Sun	7:26	2.2	7:48	2.2	1:25	0.1	1:43	0.0	5:46	6:17	☀
29	Mon	8:07	2.2	8:25	2.3	2:08	0.0	2:22	-0.1	5:45	6:18	☀
30	Tue	8:45	2.2	9:00	2.3	2:50	-0.1	3:00	-0.1	5:43	6:19	☀
31	Wed	9:22	2.2	9:34	2.3	3:30	-0.1	3:36	0.0	5:42	6:20	☀