

































Beach Haven, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:34	2.2			5:33	0.0	6:09	-0.2	7:17	4:43	
2	Tue	12:12	2.0	12:27	2.1	6:21	0.1	6:53	-0.2	7:17	4:44	
3	Wed	1:06	2.0	1:23	2.0	7:19	0.2	7:44	-0.1	7:17	4:45	
4	Thu	2:01	2.1	2:20	1.9	8:31	0.2	8:45	-0.1	7:17	4:46	
5	Fri	2:57	2.2	3:21	1.9	9:46	0.2	9:50	-0.1	7:17	4:47	
6	Sat	3:58	2.2	4:27	1.8	10:55	0.1	10:54	-0.1	7:17	4:48	
7	Sun	5:03	2.3	5:37	1.8	11:58	-0.1	11:54	-0.2	7:17	4:49	
8	Mon	6:09	2.4	6:41	1.9			12:55	-0.2	7:17	4:50	
9	Tue	7:07	2.5	7:38	2.0	12:51	-0.3	1:50	-0.3	7:17	4:51	
10	Wed	8:00	2.5	8:30	2.1	1:47	-0.3	2:42	-0.4	7:17	4:52	
11	Thu	8:48	2.5	9:20	2.1	2:41	-0.3	3:31	-0.5	7:16	4:53	
12	Fri	9:35	2.5	10:08	2.1	3:32	-0.3	4:17	-0.5	7:16	4:54	
13	Sat	10:21	2.4	10:56	2.1	4:19	-0.3	4:58	-0.4	7:16	4:55	
14	Sun	11:06	2.2	11:43	2.0	5:03	-0.2	5:38	-0.3	7:16	4:56	
15	Mon	11:51	2.1			5:45	0.0	6:16	-0.2	7:15	4:57	
16	Tue	12:30	2.0	12:37	1.9	6:29	0.1	6:54	0.0	7:15	4:58	
17	Wed	1:17	1.9	1:24	1.8	7:16	0.3	7:36	0.1	7:14	4:59	
18	Thu	2:02	1.9	2:10	1.7	8:12	0.4	8:24	0.3	7:14	5:00	
19	Fri	2:46	1.9	2:57	1.6	9:14	0.5	9:19	0.4	7:13	5:01	
20	Sat	3:34	1.9	3:50	1.5	10:17	0.5	10:16	0.4	7:13	5:02	
21	Sun	4:26	1.9	4:50	1.5	11:14	0.4	11:11	0.3	7:12	5:03	
22	Mon	5:24	1.9	5:53	1.5			12:06	0.2	7:12	5:05	
23	Tue	6:18	2.0	6:47	1.6	12:02	0.3	12:54	0.1	7:11	5:06	
24	Wed	7:06	2.1	7:32	1.7	12:50	0.1	1:40	-0.1	7:10	5:07	
25	Thu	7:48	2.2	8:14	1.8	1:37	0.0	2:25	-0.2	7:10	5:08	
26	Fri	8:28	2.3	8:54	1.9	2:24	-0.1	3:08	-0.3	7:09	5:09	
27	Sat	9:08	2.4	9:33	2.0	3:10	-0.2	3:49	-0.4	7:08	5:10	
28	Sun	9:48	2.4	10:15	2.1	3:54	-0.3	4:28	-0.5	7:07	5:12	
29	Mon	10:31	2.3	11:00	2.1	4:38	-0.3	5:06	-0.5	7:07	5:13	
30	Tue	11:18	2.2	11:49	2.2	5:23	-0.3	5:45	-0.5	7:06	5:14	
31	Wed			12:10	2.1	6:11	-0.2	6:28	-0.4	7:05	5:15	