































Beach Haven, NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:12	2.1	4:53	2.2	10:52	0.3	11:23	0.6	5:31	8:18	
2	Sat	5:03	2.0	5:44	2.3	11:41	0.4			5:31	8:18	
3	Sun	5:57	1.9	6:34	2.3	12:17	0.5	12:25	0.4	5:30	8:19	
4	Mon	6:52	1.9	7:21	2.4	1:05	0.5	1:07	0.4	5:30	8:20	
5	Tue	7:42	1.9	8:04	2.4	1:50	0.4	1:48	0.4	5:30	8:20	
6	Wed	8:27	1.9	8:44	2.5	2:34	0.3	2:29	0.4	5:29	8:21	
7	Thu	9:09	2.0	9:22	2.5	3:18	0.2	3:11	0.4	5:29	8:22	
8	Fri	9:49	2.0	9:59	2.5	4:02	0.2	3:54	0.4	5:29	8:22	
9	Sat	10:29	2.0	10:34	2.5	4:44	0.2	4:35	0.5	5:29	8:23	
10	Sun	11:09	1.9	11:11	2.4	5:23	0.2	5:15	0.5	5:29	8:23	
11	Mon	11:49	1.9	11:49	2.4	6:01	0.2	5:52	0.5	5:29	8:24	
12	Tue			12:32	1.9	6:37	0.2	6:30	0.6	5:28	8:24	
13	Wed	12:31	2.3	1:19	2.0	7:15	0.2	7:12	0.6	5:28	8:25	
14	Thu	1:20	2.3	2:08	2.1	7:55	0.2	8:05	0.6	5:28	8:25	
15	Fri	2:13	2.2	2:57	2.2	8:43	0.3	9:12	0.6	5:28	8:25	
16	Sat	3:07	2.2	3:48	2.3	9:38	0.2	10:27	0.6	5:28	8:26	
17	Sun	4:04	2.1	4:43	2.4	10:37	0.2	11:36	0.4	5:29	8:26	
18	Mon	5:06	2.1	5:43	2.6	11:37	0.1			5:29	8:27	
19	Tue	6:13	2.1	6:46	2.7	12:38	0.3	12:35	0.0	5:29	8:27	
20	Wed	7:20	2.2	7:46	2.8	1:37	0.1	1:32	0.0	5:29	8:27	
21	Thu	8:20	2.2	8:42	2.9	2:34	-0.1	2:28	-0.1	5:29	8:27	
22	Fri	9:16	2.3	9:35	2.9	3:30	-0.2	3:26	-0.1	5:29	8:28	
23	Sat	10:11	2.4	10:27	2.9	4:25	-0.3	4:23	-0.1	5:30	8:28	
24	Sun	11:06	2.4	11:20	2.8	5:16	-0.3	5:16	0.0	5:30	8:28	
25	Mon			12:01	2.3	6:04	-0.3	6:07	0.1	5:30	8:28	
26	Tue	12:13	2.6	12:57	2.3	6:50	-0.2	6:57	0.2	5:31	8:28	
27	Wed	1:06	2.5	1:50	2.3	7:36	0.0	7:48	0.4	5:31	8:28	
28	Thu	1:58	2.3	2:41	2.3	8:24	0.1	8:44	0.6	5:31	8:28	
29	Fri	2:48	2.2	3:28	2.3	9:13	0.3	9:44	0.7	5:32	8:28	
30	Sat	3:35	2.0	4:14	2.3	10:03	0.4	10:44	0.7	5:32	8:28	