

Beach Haven, NJ - Mar 1991

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:15 | 2.4 | 9:42 | 2.4 | 3:18 | -0.5 | 3:46 | -0.6 | 6:30 | 5:48 | ☉ |
| 2 | Sat | 9:58 | 2.3 | 10:25 | 2.4 | 4:04 | -0.5 | 4:26 | -0.5 | 6:28 | 5:49 | ☉ |
| 3 | Sun | 10:42 | 2.2 | 11:09 | 2.3 | 4:47 | -0.4 | 5:04 | -0.3 | 6:27 | 5:50 | ☉ |
| 4 | Mon | 11:26 | 2.0 | 11:53 | 2.2 | 5:28 | -0.2 | 5:40 | -0.1 | 6:25 | 5:51 | ☾ |
| 5 | Tue | | | 12:12 | 1.9 | 6:09 | 0.0 | 6:15 | 0.1 | 6:24 | 5:52 | ☾ |
| 6 | Wed | 12:38 | 2.1 | 1:01 | 1.7 | 6:53 | 0.2 | 6:54 | 0.3 | 6:22 | 5:54 | ☾ |
| 7 | Thu | 1:26 | 2.0 | 1:51 | 1.6 | 7:45 | 0.4 | 7:43 | 0.5 | 6:21 | 5:55 | ☾ |
| 8 | Fri | 2:15 | 1.9 | 2:42 | 1.6 | 8:48 | 0.5 | 8:49 | 0.6 | 6:19 | 5:56 | ☾ |
| 9 | Sat | 3:06 | 1.8 | 3:37 | 1.5 | 9:54 | 0.5 | 10:00 | 0.6 | 6:18 | 5:57 | ☾ |
| 10 | Sun | 4:03 | 1.8 | 4:39 | 1.6 | 10:54 | 0.4 | 11:02 | 0.5 | 6:16 | 5:58 | ☾ |
| 11 | Mon | 5:04 | 1.8 | 5:40 | 1.6 | 11:46 | 0.3 | 11:55 | 0.4 | 6:15 | 5:59 | ☾ |
| 12 | Tue | 6:02 | 1.9 | 6:32 | 1.8 | | | 12:32 | 0.2 | 6:13 | 6:00 | ☾ |
| 13 | Wed | 6:50 | 2.1 | 7:16 | 2.0 | 12:43 | 0.2 | 1:14 | 0.0 | 6:11 | 6:01 | ☾ |
| 14 | Thu | 7:32 | 2.2 | 7:54 | 2.1 | 1:29 | 0.1 | 1:55 | -0.1 | 6:10 | 6:02 | ☾ |
| 15 | Fri | 8:11 | 2.2 | 8:30 | 2.2 | 2:14 | -0.1 | 2:35 | -0.2 | 6:08 | 6:03 | ☾ |
| 16 | Sat | 8:49 | 2.3 | 9:06 | 2.4 | 2:59 | -0.2 | 3:15 | -0.3 | 6:07 | 6:04 | ☾ |
| 17 | Sun | 9:28 | 2.3 | 9:44 | 2.4 | 3:43 | -0.3 | 3:53 | -0.3 | 6:05 | 6:05 | ☾ |
| 18 | Mon | 10:10 | 2.2 | 10:25 | 2.5 | 4:26 | -0.3 | 4:32 | -0.3 | 6:03 | 6:06 | ☾ |
| 19 | Tue | 10:56 | 2.1 | 11:12 | 2.4 | 5:09 | -0.3 | 5:12 | -0.2 | 6:02 | 6:07 | ☾ |
| 20 | Wed | 11:49 | 2.0 | | | 5:56 | -0.2 | 5:55 | -0.1 | 6:00 | 6:08 | ☾ |
| 21 | Thu | 12:07 | 2.4 | 12:48 | 1.9 | 6:49 | 0.0 | 6:46 | 0.0 | 5:59 | 6:09 | ☾ |
| 22 | Fri | 1:08 | 2.3 | 1:51 | 1.9 | 7:54 | 0.1 | 7:53 | 0.2 | 5:57 | 6:10 | ☾ |
| 23 | Sat | 2:12 | 2.2 | 2:55 | 1.9 | 9:08 | 0.2 | 9:11 | 0.2 | 5:55 | 6:11 | ☾ |
| 24 | Sun | 3:17 | 2.2 | 4:01 | 1.9 | 10:18 | 0.1 | 10:26 | 0.2 | 5:54 | 6:12 | ☾ |
| 25 | Mon | 4:25 | 2.2 | 5:08 | 2.0 | 11:20 | 0.0 | 11:31 | 0.1 | 5:52 | 6:13 | ☾ |
| 26 | Tue | 5:32 | 2.2 | 6:10 | 2.2 | | | 12:14 | -0.1 | 5:51 | 6:14 | ☾ |
| 27 | Wed | 6:32 | 2.3 | 7:04 | 2.3 | 12:28 | -0.1 | 1:03 | -0.2 | 5:49 | 6:15 | ☉ |
| 28 | Thu | 7:23 | 2.3 | 7:50 | 2.5 | 1:21 | -0.2 | 1:49 | -0.3 | 5:47 | 6:16 | ☉ |
| 29 | Fri | 8:08 | 2.4 | 8:33 | 2.5 | 2:10 | -0.3 | 2:32 | -0.3 | 5:46 | 6:17 | ☉ |
| 30 | Sat | 8:51 | 2.3 | 9:14 | 2.5 | 2:57 | -0.3 | 3:14 | -0.3 | 5:44 | 6:18 | ☉ |
| 31 | Sun | 9:32 | 2.2 | 9:53 | 2.5 | 3:42 | -0.3 | 3:54 | -0.2 | 5:43 | 6:19 | ☉ |