

Beach Haven, NJ - Mar 2029

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 9:11 | 2.5 | 9:41 | 2.6 | 3:18 | -0.6 | 3:46 | -0.7 | 6:29 | 5:49 | ☉ |
| 2 | Fri | 9:59 | 2.5 | 10:30 | 2.6 | 4:09 | -0.7 | 4:31 | -0.7 | 6:27 | 5:50 | ☉ |
| 3 | Sat | 10:50 | 2.4 | 11:22 | 2.6 | 4:58 | -0.6 | 5:16 | -0.6 | 6:26 | 5:51 | ☉ |
| 4 | Sun | 11:45 | 2.2 | | | 5:48 | -0.5 | 6:02 | -0.4 | 6:24 | 5:52 | ☾ |
| 5 | Mon | 12:18 | 2.5 | 12:43 | 2.1 | 6:42 | -0.3 | 6:54 | -0.2 | 6:23 | 5:53 | ☾ |
| 6 | Tue | 1:15 | 2.3 | 1:43 | 1.9 | 7:43 | -0.1 | 7:55 | 0.0 | 6:21 | 5:54 | ☾ |
| 7 | Wed | 2:14 | 2.2 | 2:43 | 1.8 | 8:52 | 0.1 | 9:05 | 0.2 | 6:19 | 5:55 | ☾ |
| 8 | Thu | 3:13 | 2.1 | 3:45 | 1.8 | 10:01 | 0.2 | 10:16 | 0.3 | 6:18 | 5:56 | ☾ |
| 9 | Fri | 4:15 | 2.0 | 4:50 | 1.8 | 11:04 | 0.1 | 11:18 | 0.2 | 6:16 | 5:57 | ☾ |
| 10 | Sat | 5:19 | 2.0 | 5:53 | 1.8 | 11:58 | 0.1 | | | 6:15 | 5:59 | ☾ |
| 11 | Sun | 7:17 | 2.1 | 7:46 | 1.9 | 12:12 | 0.2 | 1:45 | 0.0 | 7:13 | 7:00 | ☾ |
| 12 | Mon | 8:06 | 2.1 | 8:30 | 2.1 | 2:01 | 0.1 | 2:28 | -0.1 | 7:12 | 7:01 | ☾ |
| 13 | Tue | 8:48 | 2.2 | 9:09 | 2.2 | 2:46 | 0.0 | 3:07 | -0.1 | 7:10 | 7:02 | ☾ |
| 14 | Wed | 9:27 | 2.2 | 9:46 | 2.2 | 3:28 | -0.1 | 3:45 | -0.2 | 7:09 | 7:03 | ☾ |
| 15 | Thu | 10:04 | 2.2 | 10:20 | 2.2 | 4:10 | -0.1 | 4:22 | -0.1 | 7:07 | 7:04 | ☾ |
| 16 | Fri | 10:40 | 2.1 | 10:54 | 2.2 | 4:49 | -0.1 | 4:56 | -0.1 | 7:05 | 7:05 | ☾ |
| 17 | Sat | 11:15 | 2.0 | 11:25 | 2.2 | 5:25 | -0.1 | 5:28 | 0.0 | 7:04 | 7:06 | ☾ |
| 18 | Sun | 11:51 | 1.9 | 11:56 | 2.1 | 6:00 | 0.0 | 5:59 | 0.1 | 7:02 | 7:07 | ☾ |
| 19 | Mon | | | 12:29 | 1.8 | 6:35 | 0.1 | 6:29 | 0.2 | 7:01 | 7:08 | ☾ |
| 20 | Tue | 12:29 | 2.1 | 1:10 | 1.7 | 7:10 | 0.2 | 7:00 | 0.3 | 6:59 | 7:09 | ☾ |
| 21 | Wed | 1:08 | 2.0 | 1:58 | 1.7 | 7:51 | 0.4 | 7:38 | 0.4 | 6:57 | 7:10 | ☾ |
| 22 | Thu | 1:58 | 2.0 | 2:51 | 1.6 | 8:47 | 0.5 | 8:33 | 0.5 | 6:56 | 7:11 | ☾ |
| 23 | Fri | 2:55 | 2.0 | 3:48 | 1.7 | 10:01 | 0.5 | 9:53 | 0.5 | 6:54 | 7:12 | ☾ |
| 24 | Sat | 3:57 | 2.0 | 4:50 | 1.7 | 11:12 | 0.4 | 11:12 | 0.4 | 6:53 | 7:13 | ☾ |
| 25 | Sun | 5:03 | 2.1 | 5:55 | 1.9 | | | 12:11 | 0.2 | 6:51 | 7:14 | ☾ |
| 26 | Mon | 6:13 | 2.2 | 6:57 | 2.1 | 12:19 | 0.2 | 1:04 | 0.0 | 6:49 | 7:15 | ☾ |
| 27 | Tue | 7:16 | 2.3 | 7:52 | 2.4 | 1:18 | -0.1 | 1:53 | -0.2 | 6:48 | 7:16 | ☉ |
| 28 | Wed | 8:11 | 2.4 | 8:42 | 2.6 | 2:13 | -0.3 | 2:42 | -0.4 | 6:46 | 7:17 | ☉ |
| 29 | Thu | 9:02 | 2.5 | 9:30 | 2.8 | 3:07 | -0.5 | 3:31 | -0.5 | 6:45 | 7:18 | ☉ |
| 30 | Fri | 9:51 | 2.5 | 10:18 | 2.8 | 4:01 | -0.6 | 4:19 | -0.6 | 6:43 | 7:19 | ☉ |
| 31 | Sat | 10:42 | 2.5 | 11:08 | 2.8 | 4:53 | -0.6 | 5:07 | -0.6 | 6:41 | 7:20 | ☉ |