

Belmar, NJ - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:15	5.7	5:38	4.7	11:33	-0.5	11:41	-0.5	6:58	4:31	
2	Tue	6:05	5.8	6:29	4.8			12:25	-0.6	6:59	4:30	
3	Wed	6:53	5.8	7:19	4.7	12:32	-0.5	1:16	-0.7	7:00	4:30	
4	Thu	7:40	5.6	8:08	4.6	1:22	-0.4	2:04	-0.6	7:01	4:30	
5	Fri	8:28	5.3	8:59	4.4	2:10	-0.2	2:49	-0.5	7:02	4:30	
6	Sat	9:16	5.0	9:51	4.2	2:55	0.0	3:32	-0.2	7:03	4:30	
7	Sun	10:06	4.7	10:43	4.1	3:39	0.3	4:16	0.0	7:04	4:30	
8	Mon	10:57	4.4	11:34	4.0	4:26	0.6	5:01	0.3	7:05	4:30	
9	Tue	11:47	4.1			5:18	0.9	5:50	0.5	7:06	4:30	
10	Wed	12:23	4.0	12:35	3.9	6:19	1.0	6:43	0.6	7:07	4:30	
11	Thu	1:09	4.0	1:23	3.8	7:22	1.0	7:35	0.6	7:07	4:30	
12	Fri	1:57	4.0	2:15	3.7	8:21	0.9	8:26	0.5	7:08	4:30	
13	Sat	2:48	4.1	3:10	3.6	9:14	0.7	9:13	0.4	7:09	4:30	
14	Sun	3:39	4.3	4:05	3.7	10:03	0.5	9:58	0.3	7:10	4:30	
15	Mon	4:27	4.5	4:55	3.8	10:49	0.3	10:42	0.2	7:11	4:31	
16	Tue	5:11	4.7	5:39	3.9	11:34	0.1	11:26	0.1	7:11	4:31	
17	Wed	5:51	4.9	6:21	4.1			12:19	-0.1	7:12	4:31	
18	Thu	6:29	5.1	7:02	4.1	12:11	0.0	1:04	-0.3	7:13	4:32	
19	Fri	7:08	5.1	7:44	4.2	12:57	-0.1	1:48	-0.4	7:13	4:32	
20	Sat	7:49	5.1	8:29	4.2	1:42	-0.2	2:29	-0.5	7:14	4:32	
21	Sun	8:34	5.1	9:18	4.3	2:26	-0.2	3:11	-0.5	7:14	4:33	
22	Mon	9:24	4.9	10:12	4.3	3:12	-0.2	3:54	-0.5	7:15	4:33	
23	Tue	10:19	4.7	11:09	4.4	4:02	-0.1	4:41	-0.4	7:15	4:34	
24	Wed	11:18	4.5			4:59	0.1	5:36	-0.3	7:16	4:34	
25	Thu	12:05	4.5	12:16	4.3	6:07	0.2	6:37	-0.2	7:16	4:35	
26	Fri	1:02	4.7	1:15	4.2	7:19	0.2	7:40	-0.2	7:16	4:36	
27	Sat	2:00	4.8	2:18	4.0	8:27	0.1	8:41	-0.3	7:17	4:36	
28	Sun	3:01	4.9	3:24	4.0	9:28	-0.1	9:38	-0.4	7:17	4:37	
29	Mon	4:03	5.0	4:28	4.1	10:25	-0.3	10:32	-0.4	7:17	4:38	
30	Tue	4:59	5.2	5:24	4.2	11:18	-0.5	11:24	-0.5	7:18	4:38	
31	Wed	5:49	5.3	6:15	4.3			12:09	-0.6	7:18	4:39	