

Belmar, NJ - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:38	5.3	7:03	4.4	12:16	-0.5	12:58	-0.7	7:18	4:40	●
2	Fri	7:23	5.2	7:50	4.3	1:05	-0.4	1:44	-0.7	7:18	4:41	●
3	Sat	8:07	5.0	8:35	4.2	1:51	-0.3	2:26	-0.6	7:18	4:42	●
4	Sun	8:50	4.7	9:21	4.1	2:34	-0.2	3:05	-0.5	7:18	4:42	●
5	Mon	9:35	4.5	10:08	4.0	3:15	0.0	3:42	-0.3	7:18	4:43	◐
6	Tue	10:21	4.2	10:54	3.9	3:56	0.3	4:20	-0.1	7:18	4:44	◑
7	Wed	11:07	3.9	11:40	3.8	4:39	0.5	5:00	0.1	7:18	4:45	◑
8	Thu	11:53	3.7			5:30	0.7	5:46	0.3	7:18	4:46	◑
9	Fri	12:25	3.8	12:40	3.5	6:31	0.8	6:39	0.4	7:18	4:47	◑
10	Sat	1:10	3.8	1:29	3.4	7:35	0.8	7:35	0.5	7:18	4:48	◑
11	Sun	1:58	3.9	2:24	3.3	8:35	0.7	8:31	0.4	7:17	4:49	◑
12	Mon	2:51	4.0	3:23	3.4	9:29	0.5	9:23	0.2	7:17	4:50	◑
13	Tue	3:47	4.2	4:20	3.5	10:18	0.2	10:12	0.1	7:17	4:51	○
14	Wed	4:38	4.4	5:11	3.7	11:06	-0.1	11:00	-0.2	7:17	4:52	○
15	Thu	5:25	4.7	5:56	4.0	11:53	-0.4	11:48	-0.4	7:16	4:53	○
16	Fri	6:08	5.0	6:40	4.2			12:39	-0.6	7:16	4:55	○
17	Sat	6:51	5.2	7:24	4.4	12:37	-0.6	1:24	-0.8	7:15	4:56	○
18	Sun	7:35	5.2	8:10	4.5	1:26	-0.7	2:08	-1.0	7:15	4:57	○
19	Mon	8:22	5.1	8:59	4.6	2:14	-0.8	2:51	-1.0	7:14	4:58	○
20	Tue	9:11	5.0	9:52	4.7	3:01	-0.7	3:34	-0.9	7:14	4:59	○
21	Wed	10:06	4.7	10:48	4.7	3:51	-0.6	4:20	-0.8	7:13	5:00	○
22	Thu	11:03	4.4	11:45	4.6	4:46	-0.4	5:13	-0.6	7:13	5:01	○
23	Fri			12:02	4.2	5:50	-0.1	6:14	-0.4	7:12	5:03	○
24	Sat	12:42	4.6	1:01	3.9	7:01	0.0	7:19	-0.2	7:11	5:04	◐
25	Sun	1:41	4.6	2:03	3.8	8:10	0.0	8:24	-0.2	7:11	5:05	◐
26	Mon	2:43	4.5	3:09	3.7	9:13	-0.1	9:24	-0.2	7:10	5:06	◐
27	Tue	3:46	4.6	4:14	3.8	10:10	-0.3	10:19	-0.3	7:09	5:07	◑
28	Wed	4:44	4.7	5:11	4.0	11:02	-0.4	11:10	-0.4	7:08	5:08	◑
29	Thu	5:35	4.8	6:00	4.1	11:50	-0.5	11:59	-0.4	7:08	5:10	◑
30	Fri	6:20	4.9	6:45	4.2			12:36	-0.6	7:07	5:11	◑
31	Sat	7:03	4.9	7:27	4.3	12:46	-0.4	1:19	-0.7	7:06	5:12	●