

Belmar, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:20	4.2	10:11	5.0	4:12	0.1	4:06	0.6	5:28	8:19	
2	Wed	11:08	4.3	11:02	4.9	4:51	0.2	4:49	0.6	5:27	8:20	
3	Thu			12:01	4.4	5:34	0.3	5:40	0.7	5:27	8:20	
4	Fri			12:54	4.6	6:25	0.3	6:44	0.8	5:27	8:21	
5	Sat	12:57	4.7	1:48	4.8	7:24	0.3	7:57	0.7	5:26	8:22	
6	Sun	1:55	4.7	2:44	5.0	8:26	0.2	9:07	0.6	5:26	8:22	
7	Mon	2:57	4.6	3:44	5.3	9:26	0.1	10:10	0.3	5:26	8:23	
8	Tue	4:03	4.6	4:45	5.6	10:23	-0.1	11:09	0.0	5:26	8:23	
9	Wed	5:09	4.7	5:44	5.8	11:18	-0.2			5:26	8:24	
10	Thu	6:09	4.8	6:38	6.0	12:05	-0.2	12:13	-0.3	5:25	8:24	
11	Fri	7:05	4.9	7:29	6.1	1:00	-0.4	1:07	-0.3	5:25	8:25	
12	Sat	7:58	5.0	8:19	6.0	1:53	-0.5	2:01	-0.2	5:25	8:25	
13	Sun	8:50	4.9	9:09	5.8	2:44	-0.6	2:52	-0.1	5:25	8:26	
14	Mon	9:43	4.8	9:59	5.5	3:32	-0.5	3:41	0.1	5:25	8:26	
15	Tue	10:36	4.7	10:50	5.2	4:17	-0.3	4:28	0.4	5:25	8:27	
16	Wed	11:29	4.6	11:41	4.9	5:02	-0.1	5:16	0.7	5:25	8:27	
17	Thu			12:20	4.5	5:47	0.2	6:07	0.9	5:25	8:27	
18	Fri	12:31	4.6	1:08	4.5	6:34	0.4	7:04	1.1	5:26	8:28	
19	Sat	1:19	4.4	1:54	4.5	7:24	0.6	8:05	1.2	5:26	8:28	
20	Sun	2:06	4.2	2:40	4.5	8:15	0.7	9:03	1.2	5:26	8:28	
21	Mon	2:56	4.0	3:28	4.5	9:05	0.8	9:57	1.0	5:26	8:28	
22	Tue	3:49	3.9	4:19	4.6	9:53	0.7	10:46	0.9	5:26	8:29	
23	Wed	4:45	3.9	5:09	4.8	10:39	0.7	11:33	0.7	5:27	8:29	
24	Thu	5:38	4.0	5:55	5.0	11:24	0.6			5:27	8:29	
25	Fri	6:25	4.1	6:37	5.1	12:19	0.5	12:09	0.5	5:27	8:29	
26	Sat	7:09	4.3	7:15	5.3	1:04	0.3	12:54	0.5	5:28	8:29	
27	Sun	7:50	4.4	7:53	5.3	1:49	0.2	1:40	0.4	5:28	8:29	
28	Mon	8:31	4.4	8:32	5.4	2:32	0.0	2:25	0.4	5:28	8:29	
29	Tue	9:14	4.5	9:13	5.3	3:13	-0.1	3:09	0.3	5:29	8:29	
30	Wed	9:59	4.6	9:58	5.2	3:52	-0.1	3:53	0.3	5:29	8:29	