

Belmar, NJ - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:48	4.7	10:49	5.1	4:32	-0.1	4:38	0.4	5:30	8:29	
2	Fri	11:41	4.8	11:44	4.9	5:14	0.0	5:30	0.5	5:30	8:29	
3	Sat			12:35	4.9	6:02	0.1	6:31	0.6	5:31	8:29	
4	Sun	12:42	4.8	1:29	5.1	6:58	0.1	7:40	0.6	5:31	8:28	
5	Mon	1:39	4.6	2:25	5.2	8:00	0.2	8:50	0.6	5:32	8:28	
6	Tue	2:39	4.5	3:24	5.3	9:03	0.2	9:54	0.4	5:33	8:28	
7	Wed	3:45	4.4	4:26	5.5	10:03	0.1	10:54	0.2	5:33	8:28	
8	Thu	4:52	4.5	5:27	5.6	11:01	0.0	11:49	0.0	5:34	8:27	
9	Fri	5:54	4.6	6:22	5.8	11:56	0.0			5:35	8:27	
10	Sat	6:50	4.8	7:13	5.8	12:43	-0.2	12:50	0.0	5:35	8:26	
11	Sun	7:41	4.9	8:01	5.8	1:35	-0.3	1:42	0.0	5:36	8:26	
12	Mon	8:30	4.9	8:47	5.6	2:23	-0.4	2:32	0.1	5:37	8:26	
13	Tue	9:18	4.9	9:33	5.4	3:09	-0.3	3:19	0.2	5:37	8:25	
14	Wed	10:06	4.8	10:20	5.1	3:50	-0.2	4:03	0.4	5:38	8:25	
15	Thu	10:54	4.7	11:06	4.8	4:30	0.0	4:46	0.6	5:39	8:24	
16	Fri	11:42	4.6	11:54	4.5	5:08	0.2	5:30	0.9	5:40	8:23	
17	Sat			12:28	4.5	5:48	0.5	6:20	1.1	5:41	8:23	
18	Sun	12:41	4.3	1:13	4.5	6:31	0.7	7:17	1.2	5:41	8:22	
19	Mon	1:27	4.1	1:57	4.5	7:20	0.9	8:18	1.3	5:42	8:21	
20	Tue	2:15	3.9	2:42	4.5	8:14	0.9	9:17	1.2	5:43	8:21	
21	Wed	3:06	3.8	3:33	4.5	9:09	0.9	10:11	1.0	5:44	8:20	
22	Thu	4:03	3.8	4:27	4.7	10:02	0.9	11:01	0.8	5:45	8:19	
23	Fri	5:01	3.9	5:19	4.9	10:51	0.7	11:48	0.6	5:46	8:18	
24	Sat	5:54	4.1	6:06	5.1	11:40	0.6			5:46	8:18	
25	Sun	6:40	4.3	6:49	5.3	12:34	0.3	12:27	0.4	5:47	8:17	
26	Mon	7:23	4.6	7:31	5.5	1:19	0.1	1:16	0.3	5:48	8:16	
27	Tue	8:06	4.8	8:12	5.6	2:04	-0.1	2:04	0.1	5:49	8:15	
28	Wed	8:49	4.9	8:56	5.5	2:47	-0.2	2:52	0.0	5:50	8:14	
29	Thu	9:35	5.1	9:43	5.4	3:29	-0.3	3:39	0.0	5:51	8:13	
30	Fri	10:25	5.2	10:34	5.2	4:10	-0.3	4:26	0.1	5:52	8:12	
31	Sat	11:19	5.2	11:30	5.0	4:53	-0.2	5:18	0.2	5:53	8:11	