

Belmar, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:05	4.5	2:32	5.0	8:16	0.8	9:02	0.6	6:52	6:38	
2	Sat	3:06	4.5	3:31	4.9	9:22	0.8	9:59	0.5	6:53	6:36	
3	Sun	4:06	4.5	4:31	4.9	10:19	0.7	10:49	0.4	6:54	6:35	
4	Mon	5:03	4.7	5:24	4.9	11:10	0.6	11:33	0.3	6:55	6:33	
5	Tue	5:52	4.9	6:11	5.0	11:57	0.5			6:56	6:31	
6	Wed	6:35	5.1	6:53	5.0	12:14	0.3	12:41	0.4	6:57	6:30	
7	Thu	7:14	5.2	7:32	5.0	12:54	0.2	1:23	0.3	6:58	6:28	
8	Fri	7:50	5.3	8:10	4.9	1:32	0.2	2:05	0.3	6:59	6:27	
9	Sat	8:25	5.2	8:48	4.7	2:10	0.3	2:45	0.4	7:00	6:25	
10	Sun	8:59	5.1	9:26	4.5	2:46	0.4	3:23	0.4	7:01	6:24	
11	Mon	9:33	5.0	10:05	4.3	3:21	0.5	3:59	0.6	7:02	6:22	
12	Tue	10:07	4.8	10:48	4.1	3:54	0.7	4:36	0.8	7:03	6:20	
13	Wed	10:45	4.7	11:36	4.0	4:27	0.9	5:15	0.9	7:04	6:19	
14	Thu	11:30	4.6			5:04	1.1	6:02	1.1	7:06	6:17	
15	Fri	12:28	3.9	12:24	4.5	5:50	1.2	7:02	1.1	7:07	6:16	
16	Sat	1:21	3.9	1:21	4.5	6:56	1.3	8:09	1.1	7:08	6:14	
17	Sun	2:14	4.1	2:19	4.6	8:14	1.2	9:10	0.8	7:09	6:13	
18	Mon	3:11	4.3	3:21	4.7	9:22	0.9	10:04	0.5	7:10	6:11	
19	Tue	4:10	4.7	4:25	4.9	10:22	0.5	10:54	0.2	7:11	6:10	
20	Wed	5:07	5.2	5:25	5.2	11:17	0.1	11:42	-0.2	7:12	6:09	
21	Thu	6:00	5.6	6:19	5.4			12:11	-0.2	7:13	6:07	
22	Fri	6:49	6.0	7:09	5.5	12:31	-0.4	1:04	-0.5	7:14	6:06	
23	Sat	7:38	6.2	8:00	5.5	1:21	-0.6	1:58	-0.6	7:15	6:04	
24	Sun	8:27	6.3	8:52	5.4	2:11	-0.6	2:51	-0.7	7:16	6:03	
25	Mon	9:19	6.2	9:47	5.2	3:02	-0.5	3:42	-0.6	7:17	6:02	
26	Tue	10:14	5.9	10:46	4.9	3:52	-0.3	4:33	-0.4	7:19	6:00	
27	Wed	11:13	5.6	11:48	4.7	4:44	0.0	5:27	-0.1	7:20	5:59	
28	Thu			12:13	5.3	5:40	0.4	6:27	0.2	7:21	5:58	
29	Fri	12:49	4.6	1:11	5.0	6:44	0.7	7:30	0.4	7:22	5:57	
30	Sat	1:47	4.5	2:07	4.8	7:53	0.9	8:32	0.5	7:23	5:55	
31	Sun	1:43	4.5	2:03	4.6	7:59	0.9	8:28	0.5	6:24	4:54	