

Belmar, NJ - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:22	4.0			5:07	0.5	5:40	0.2	7:18	4:40	
2	Mon	12:14	4.0	12:18	3.9	6:16	0.6	6:43	0.2	7:18	4:41	
3	Tue	1:07	4.2	1:18	3.9	7:30	0.4	7:48	0.0	7:18	4:42	
4	Wed	2:06	4.5	2:24	3.9	8:39	0.2	8:50	-0.2	7:18	4:43	
5	Thu	3:09	4.8	3:34	4.0	9:40	-0.2	9:49	-0.4	7:18	4:44	
6	Fri	4:13	5.1	4:39	4.2	10:37	-0.5	10:45	-0.7	7:18	4:45	
7	Sat	5:10	5.4	5:37	4.5	11:33	-0.9	11:41	-0.9	7:18	4:46	
8	Sun	6:04	5.7	6:31	4.7			12:27	-1.1	7:18	4:47	
9	Mon	6:56	5.7	7:24	4.8	12:37	-1.0	1:20	-1.3	7:18	4:48	
10	Tue	7:47	5.7	8:17	4.8	1:31	-1.1	2:10	-1.3	7:18	4:49	
11	Wed	8:39	5.5	9:12	4.7	2:23	-1.0	2:58	-1.3	7:17	4:50	
12	Thu	9:32	5.2	10:07	4.6	3:13	-0.8	3:44	-1.0	7:17	4:51	
13	Fri	10:26	4.8	11:01	4.4	4:03	-0.4	4:32	-0.7	7:17	4:52	
14	Sat	11:20	4.4	11:54	4.3	4:57	-0.1	5:22	-0.4	7:16	4:53	
15	Sun			12:12	4.1	5:56	0.2	6:16	-0.1	7:16	4:54	
16	Mon	12:45	4.2	1:03	3.8	7:00	0.4	7:12	0.1	7:16	4:55	
17	Tue	1:35	4.1	1:55	3.6	8:02	0.5	8:07	0.2	7:15	4:56	
18	Wed	2:27	4.0	2:51	3.5	8:59	0.4	8:58	0.2	7:15	4:57	
19	Thu	3:22	4.0	3:49	3.5	9:49	0.3	9:46	0.2	7:14	4:58	
20	Fri	4:15	4.2	4:42	3.6	10:36	0.1	10:31	0.1	7:14	5:00	
21	Sat	5:03	4.3	5:29	3.7	11:20	0.0	11:16	0.0	7:13	5:01	
22	Sun	5:45	4.4	6:11	3.9			12:03	-0.2	7:12	5:02	
23	Mon	6:23	4.5	6:51	4.0	12:00	-0.1	12:45	-0.3	7:12	5:03	
24	Tue	6:59	4.6	7:29	4.0	12:43	-0.2	1:25	-0.4	7:11	5:04	
25	Wed	7:34	4.6	8:06	4.0	1:24	-0.2	2:02	-0.4	7:10	5:05	
26	Thu	8:07	4.5	8:42	4.0	2:03	-0.2	2:37	-0.4	7:10	5:07	
27	Fri	8:42	4.4	9:20	4.0	2:40	-0.2	3:10	-0.4	7:09	5:08	
28	Sat	9:20	4.3	10:02	4.0	3:17	-0.1	3:44	-0.3	7:08	5:09	
29	Sun	10:05	4.1	10:50	4.1	3:57	0.0	4:20	-0.2	7:07	5:10	
30	Mon	10:57	4.0	11:42	4.2	4:45	0.1	5:05	-0.1	7:06	5:12	
31	Tue	11:55	3.9			5:48	0.2	6:05	0.0	7:05	5:13	