

Belmar, NJ - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:29	4.5	5:03	5.1	10:39	0.1	11:22	0.3	5:28	8:19	
2	Fri	5:25	4.5	5:52	5.2	11:25	0.2			5:28	8:19	
3	Sat	6:15	4.5	6:36	5.3	12:09	0.2	12:09	0.2	5:27	8:20	
4	Sun	7:01	4.5	7:16	5.3	12:55	0.2	12:52	0.3	5:27	8:21	
5	Mon	7:44	4.5	7:55	5.3	1:40	0.1	1:34	0.3	5:27	8:21	
6	Tue	8:26	4.5	8:33	5.2	2:22	0.1	2:16	0.4	5:26	8:22	
7	Wed	9:08	4.4	9:11	5.0	3:03	0.1	2:57	0.5	5:26	8:22	
8	Thu	9:51	4.3	9:48	4.8	3:41	0.2	3:35	0.7	5:26	8:23	
9	Fri	10:36	4.2	10:27	4.7	4:18	0.3	4:12	0.8	5:26	8:24	
10	Sat	11:22	4.1	11:08	4.5	4:54	0.5	4:50	1.0	5:26	8:24	
11	Sun			12:08	4.1	5:32	0.6	5:32	1.1	5:25	8:25	
12	Mon			12:52	4.1	6:14	0.7	6:24	1.2	5:25	8:25	
13	Tue	12:39	4.3	1:36	4.3	7:03	0.8	7:28	1.2	5:25	8:26	
14	Wed	1:28	4.2	2:21	4.5	7:58	0.7	8:36	1.1	5:25	8:26	
15	Thu	2:21	4.2	3:12	4.7	8:55	0.6	9:38	0.8	5:25	8:27	
16	Fri	3:21	4.2	4:08	5.0	9:49	0.4	10:35	0.5	5:25	8:27	
17	Sat	4:26	4.3	5:05	5.4	10:42	0.2	11:30	0.1	5:25	8:27	
18	Sun	5:28	4.5	6:00	5.7	11:35	0.0			5:26	8:28	
19	Mon	6:25	4.8	6:52	6.0	12:24	-0.2	12:28	-0.2	5:26	8:28	
20	Tue	7:19	4.9	7:43	6.2	1:18	-0.5	1:24	-0.3	5:26	8:28	
21	Wed	8:13	5.1	8:35	6.2	2:12	-0.7	2:19	-0.4	5:26	8:28	
22	Thu	9:08	5.1	9:29	6.1	3:04	-0.8	3:13	-0.4	5:26	8:29	
23	Fri	10:05	5.1	10:25	5.8	3:54	-0.8	4:06	-0.2	5:27	8:29	
24	Sat	11:04	5.1	11:23	5.6	4:44	-0.7	5:00	0.0	5:27	8:29	
25	Sun			12:03	5.1	5:35	-0.5	5:57	0.3	5:27	8:29	
26	Mon	12:20	5.3	12:59	5.0	6:29	-0.2	7:01	0.5	5:28	8:29	
27	Tue	1:15	5.0	1:53	5.0	7:26	0.0	8:07	0.7	5:28	8:29	
28	Wed	2:09	4.7	2:45	5.0	8:24	0.2	9:09	0.7	5:28	8:29	
29	Thu	3:03	4.4	3:38	4.9	9:18	0.3	10:06	0.7	5:29	8:29	
30	Fri	3:59	4.3	4:32	4.9	10:08	0.4	10:58	0.6	5:29	8:29	