

Belmar, NJ - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:56	4.2	5:24	5.0	10:55	0.5	11:45	0.5	5:30	8:29	
2	Sun	5:49	4.2	6:10	5.1	11:39	0.5			5:30	8:29	
3	Mon	6:36	4.3	6:52	5.2	12:30	0.4	12:23	0.5	5:31	8:29	
4	Tue	7:20	4.4	7:31	5.2	1:14	0.3	1:07	0.5	5:31	8:28	
5	Wed	8:02	4.4	8:09	5.1	1:57	0.2	1:50	0.5	5:32	8:28	
6	Thu	8:43	4.4	8:45	5.0	2:38	0.2	2:32	0.6	5:32	8:28	
7	Fri	9:24	4.4	9:21	4.9	3:16	0.2	3:12	0.6	5:33	8:28	
8	Sat	10:05	4.3	9:56	4.8	3:52	0.2	3:50	0.7	5:34	8:27	
9	Sun	10:46	4.3	10:33	4.6	4:26	0.3	4:27	0.8	5:34	8:27	
10	Mon	11:28	4.3	11:14	4.5	4:59	0.4	5:05	0.9	5:35	8:27	
11	Tue			12:11	4.3	5:34	0.5	5:50	1.0	5:36	8:26	
12	Wed	12:01	4.4	12:55	4.5	6:15	0.6	6:49	1.1	5:36	8:26	
13	Thu	12:53	4.3	1:42	4.7	7:08	0.6	7:58	1.0	5:37	8:25	
14	Fri	1:47	4.3	2:34	4.9	8:10	0.6	9:07	0.8	5:38	8:25	
15	Sat	2:47	4.3	3:33	5.1	9:13	0.5	10:09	0.5	5:39	8:24	
16	Sun	3:55	4.3	4:36	5.4	10:14	0.3	11:08	0.2	5:39	8:24	
17	Mon	5:04	4.5	5:37	5.7	11:12	0.0			5:40	8:23	
18	Tue	6:06	4.8	6:34	6.0	12:03	-0.2	12:09	-0.2	5:41	8:22	
19	Wed	7:02	5.0	7:27	6.2	12:58	-0.5	1:06	-0.3	5:42	8:22	
20	Thu	7:57	5.2	8:19	6.2	1:52	-0.7	2:03	-0.4	5:43	8:21	
21	Fri	8:51	5.4	9:12	6.1	2:44	-0.8	2:58	-0.4	5:43	8:20	
22	Sat	9:46	5.4	10:06	5.8	3:34	-0.8	3:50	-0.3	5:44	8:20	
23	Sun	10:42	5.3	11:01	5.5	4:21	-0.7	4:42	-0.1	5:45	8:19	
24	Mon	11:38	5.2	11:56	5.2	5:09	-0.5	5:35	0.2	5:46	8:18	
25	Tue			12:32	5.1	5:58	-0.1	6:34	0.5	5:47	8:17	
26	Wed	12:50	4.8	1:24	5.0	6:51	0.2	7:36	0.8	5:48	8:16	
27	Thu	1:42	4.5	2:14	4.9	7:47	0.5	8:39	0.9	5:49	8:15	
28	Fri	2:34	4.3	3:05	4.8	8:43	0.6	9:38	0.9	5:50	8:14	
29	Sat	3:29	4.1	3:59	4.7	9:36	0.7	10:30	0.8	5:51	8:13	
30	Sun	4:26	4.1	4:53	4.8	10:25	0.7	11:18	0.7	5:51	8:12	
31	Mon	5:21	4.1	5:42	4.9	11:12	0.7			5:52	8:11	