

Belmar, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:23	5.8	7:51	4.7	1:09	-0.4	1:54	-0.7	6:59	4:31	
2	Sat	8:13	5.7	8:44	4.7	1:59	-0.4	2:42	-0.7	7:00	4:30	
3	Sun	9:07	5.6	9:43	4.6	2:49	-0.4	3:32	-0.6	7:01	4:30	
4	Mon	10:05	5.3	10:44	4.6	3:41	-0.2	4:23	-0.5	7:02	4:30	
5	Tue	11:06	5.1	11:46	4.6	4:38	0.0	5:21	-0.3	7:02	4:30	
6	Wed			12:05	4.9	5:44	0.3	6:22	-0.2	7:03	4:30	
7	Thu	12:44	4.6	1:03	4.6	6:55	0.4	7:24	-0.1	7:04	4:30	
8	Fri	1:41	4.6	2:01	4.5	8:03	0.3	8:23	-0.2	7:05	4:30	
9	Sat	2:39	4.7	3:01	4.3	9:04	0.2	9:16	-0.2	7:06	4:30	
10	Sun	3:37	4.8	4:00	4.3	9:58	0.0	10:05	-0.2	7:07	4:30	
11	Mon	4:31	4.9	4:53	4.3	10:49	-0.1	10:51	-0.2	7:08	4:30	
12	Tue	5:18	5.1	5:41	4.4	11:36	-0.2	11:35	-0.2	7:08	4:30	
13	Wed	6:01	5.1	6:25	4.3			12:22	-0.3	7:09	4:30	
14	Thu	6:41	5.1	7:08	4.3	12:19	-0.1	1:05	-0.3	7:10	4:30	
15	Fri	7:20	5.0	7:50	4.2	1:01	-0.1	1:47	-0.2	7:11	4:31	
16	Sat	7:58	4.8	8:32	4.1	1:42	0.0	2:26	-0.2	7:11	4:31	
17	Sun	8:36	4.6	9:16	3.9	2:21	0.2	3:03	-0.1	7:12	4:31	
18	Mon	9:15	4.4	10:01	3.8	2:59	0.3	3:39	0.1	7:13	4:32	
19	Tue	9:56	4.2	10:48	3.7	3:36	0.5	4:16	0.2	7:13	4:32	
20	Wed	10:39	4.0	11:34	3.7	4:16	0.7	4:56	0.4	7:14	4:32	
21	Thu	11:25	3.9			5:03	0.8	5:42	0.5	7:14	4:33	
22	Fri	12:19	3.8	12:13	3.8	6:03	0.9	6:37	0.5	7:15	4:33	
23	Sat	1:04	3.9	1:03	3.7	7:11	0.9	7:35	0.4	7:15	4:34	
24	Sun	1:52	4.1	1:59	3.7	8:16	0.7	8:30	0.3	7:16	4:35	
25	Mon	2:47	4.3	3:02	3.8	9:14	0.4	9:23	0.0	7:16	4:35	
26	Tue	3:44	4.6	4:05	3.9	10:09	0.0	10:14	-0.2	7:17	4:36	
27	Wed	4:38	5.0	5:02	4.2	11:01	-0.4	11:06	-0.5	7:17	4:36	
28	Thu	5:29	5.3	5:54	4.4	11:53	-0.7	11:58	-0.7	7:17	4:37	
29	Fri	6:19	5.6	6:45	4.6			12:46	-0.9	7:17	4:38	
30	Sat	7:09	5.7	7:37	4.7	12:52	-0.8	1:37	-1.1	7:18	4:39	
31	Sun	8:00	5.7	8:32	4.7	1:45	-0.9	2:26	-1.2	7:18	4:39	