

Belmar, NJ - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:55	5.5	9:29	4.7	2:37	-0.8	3:16	-1.2	7:18	4:40	
2	Tue	9:51	5.3	10:28	4.6	3:29	-0.7	4:06	-1.0	7:18	4:41	
3	Wed	10:49	5.0	11:27	4.6	4:24	-0.4	4:59	-0.7	7:18	4:42	
4	Thu	11:46	4.7			5:25	-0.1	5:56	-0.5	7:18	4:43	
5	Fri	12:23	4.5	12:42	4.4	6:32	0.1	6:56	-0.3	7:18	4:44	
6	Sat	1:18	4.4	1:37	4.1	7:40	0.2	7:55	-0.2	7:18	4:45	
7	Sun	2:13	4.4	2:35	3.9	8:42	0.2	8:50	-0.1	7:18	4:45	
8	Mon	3:11	4.4	3:35	3.8	9:38	0.1	9:40	-0.1	7:18	4:46	
9	Tue	4:07	4.5	4:31	3.8	10:28	0.0	10:27	-0.1	7:18	4:47	
10	Wed	4:56	4.5	5:21	3.9	11:15	-0.1	11:12	-0.1	7:18	4:48	
11	Thu	5:40	4.6	6:05	4.0			12:00	-0.2	7:17	4:49	
12	Fri	6:21	4.7	6:47	4.0			12:43	-0.3	7:17	4:50	
13	Sat	6:59	4.7	7:28	4.0	12:38	-0.2	1:24	-0.4	7:17	4:52	
14	Sun	7:36	4.6	8:08	4.0	1:20	-0.1	2:02	-0.4	7:16	4:53	
15	Mon	8:12	4.5	8:47	3.9	1:59	-0.1	2:38	-0.3	7:16	4:54	
16	Tue	8:47	4.3	9:27	3.8	2:37	0.0	3:12	-0.2	7:16	4:55	
17	Wed	9:23	4.1	10:08	3.7	3:13	0.1	3:44	-0.1	7:15	4:56	
18	Thu	10:00	4.0	10:50	3.7	3:49	0.3	4:17	0.1	7:15	4:57	
19	Fri	10:42	3.8	11:33	3.8	4:28	0.4	4:54	0.2	7:14	4:58	
20	Sat	11:31	3.7			5:18	0.6	5:40	0.3	7:14	4:59	
21	Sun	12:19	3.9	12:23	3.6	6:25	0.6	6:41	0.3	7:13	5:01	
22	Mon	1:09	4.0	1:21	3.6	7:38	0.5	7:48	0.2	7:13	5:02	
23	Tue	2:06	4.2	2:27	3.6	8:44	0.2	8:51	0.0	7:12	5:03	
24	Wed	3:10	4.5	3:37	3.8	9:44	-0.1	9:50	-0.3	7:11	5:04	
25	Thu	4:14	4.8	4:42	4.0	10:40	-0.5	10:47	-0.6	7:11	5:05	
26	Fri	5:11	5.2	5:38	4.4	11:34	-0.8	11:42	-0.9	7:10	5:06	
27	Sat	6:04	5.5	6:31	4.7			12:27	-1.1	7:09	5:08	
28	Sun	6:55	5.6	7:23	4.9	12:38	-1.1	1:19	-1.4	7:08	5:09	
29	Mon	7:46	5.6	8:16	4.9	1:32	-1.2	2:08	-1.5	7:07	5:10	
30	Tue	8:38	5.5	9:09	4.9	2:24	-1.2	2:56	-1.4	7:06	5:11	
31	Wed	9:32	5.2	10:05	4.8	3:14	-1.0	3:43	-1.2	7:06	5:12	