

Belmar, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:07	5.1	6:34	4.3			12:31	-0.5	7:18	4:40	
2	Wed	6:51	5.1	7:19	4.3	12:29	-0.4	1:17	-0.6	7:18	4:41	
3	Thu	7:32	4.9	8:03	4.2	1:14	-0.3	1:59	-0.5	7:18	4:42	
4	Fri	8:14	4.8	8:48	4.1	1:57	-0.2	2:39	-0.4	7:18	4:42	
5	Sat	8:55	4.5	9:34	3.9	2:37	0.0	3:17	-0.3	7:18	4:43	
6	Sun	9:38	4.3	10:21	3.8	3:16	0.2	3:54	-0.1	7:18	4:44	
7	Mon	10:22	4.0	11:08	3.7	3:56	0.4	4:32	0.1	7:18	4:45	
8	Tue	11:07	3.8	11:53	3.7	4:39	0.6	5:14	0.3	7:18	4:46	
9	Wed	11:52	3.6			5:30	0.8	6:02	0.4	7:18	4:47	
10	Thu	12:38	3.7	12:38	3.5	6:33	0.8	6:57	0.5	7:18	4:48	
11	Fri	1:23	3.8	1:28	3.4	7:38	0.8	7:53	0.4	7:17	4:49	
12	Sat	2:12	3.9	2:24	3.4	8:38	0.6	8:46	0.3	7:17	4:50	
13	Sun	3:06	4.1	3:25	3.5	9:33	0.3	9:37	0.1	7:17	4:51	
14	Mon	4:01	4.4	4:24	3.6	10:24	0.0	10:26	-0.1	7:17	4:52	
15	Tue	4:52	4.7	5:16	3.9	11:14	-0.3	11:15	-0.3	7:16	4:53	
16	Wed	5:39	5.0	6:04	4.1			12:03	-0.6	7:16	4:55	
17	Thu	6:25	5.3	6:51	4.3	12:05	-0.5	12:52	-0.9	7:15	4:56	
18	Fri	7:11	5.4	7:39	4.5	12:56	-0.7	1:40	-1.1	7:15	4:57	
19	Sat	8:00	5.4	8:29	4.6	1:47	-0.8	2:26	-1.2	7:14	4:58	
20	Sun	8:51	5.3	9:23	4.6	2:36	-0.8	3:12	-1.2	7:14	4:59	
21	Mon	9:45	5.1	10:20	4.6	3:26	-0.7	3:59	-1.0	7:13	5:00	
22	Tue	10:42	4.8	11:18	4.6	4:20	-0.5	4:50	-0.8	7:13	5:01	
23	Wed	11:39	4.5			5:20	-0.2	5:46	-0.6	7:12	5:03	
24	Thu	12:14	4.5	12:36	4.2	6:28	0.0	6:47	-0.4	7:11	5:04	
25	Fri	1:11	4.5	1:34	4.0	7:37	0.1	7:50	-0.3	7:11	5:05	
26	Sat	2:09	4.4	2:35	3.8	8:43	0.0	8:49	-0.2	7:10	5:06	
27	Sun	3:10	4.4	3:39	3.8	9:41	-0.1	9:44	-0.2	7:09	5:07	
28	Mon	4:10	4.5	4:38	3.8	10:34	-0.2	10:34	-0.2	7:08	5:09	
29	Tue	5:03	4.6	5:30	4.0	11:23	-0.3	11:22	-0.3	7:08	5:10	
30	Wed	5:50	4.7	6:16	4.1			12:10	-0.4	7:07	5:11	
31	Thu	6:32	4.7	6:59	4.1	12:09	-0.3	12:54	-0.5	7:06	5:12	