

Belmar, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:15	4.6	10:29	5.4	4:09	-0.3	4:13	0.3	5:30	8:29	
2	Wed	11:10	4.7	11:25	5.3	4:53	-0.2	5:04	0.4	5:30	8:29	
3	Thu			12:07	4.8	5:41	-0.1	6:02	0.5	5:31	8:29	
4	Fri	12:23	5.1	1:03	4.9	6:36	0.0	7:09	0.6	5:32	8:28	
5	Sat	1:20	4.9	1:58	5.1	7:35	0.0	8:19	0.6	5:32	8:28	
6	Sun	2:17	4.8	2:55	5.2	8:36	0.1	9:26	0.5	5:33	8:28	
7	Mon	3:18	4.6	3:55	5.3	9:34	0.0	10:27	0.3	5:33	8:28	
8	Tue	4:21	4.6	4:55	5.4	10:30	0.0	11:23	0.1	5:34	8:27	
9	Wed	5:24	4.6	5:51	5.6	11:23	0.0			5:35	8:27	
10	Thu	6:20	4.7	6:42	5.6	12:16	0.0	12:15	0.0	5:35	8:26	
11	Fri	7:11	4.7	7:29	5.6	1:07	-0.1	1:06	0.1	5:36	8:26	
12	Sat	8:00	4.8	8:14	5.5	1:57	-0.2	1:55	0.1	5:37	8:26	
13	Sun	8:47	4.7	8:58	5.4	2:43	-0.2	2:42	0.2	5:37	8:25	
14	Mon	9:34	4.7	9:42	5.1	3:25	-0.1	3:25	0.4	5:38	8:25	
15	Tue	10:21	4.6	10:26	4.9	4:05	0.0	4:07	0.6	5:39	8:24	
16	Wed	11:09	4.5	11:11	4.6	4:43	0.2	4:48	0.8	5:40	8:23	
17	Thu	11:56	4.4	11:57	4.4	5:21	0.4	5:31	1.0	5:41	8:23	
18	Fri			12:42	4.4	6:01	0.6	6:21	1.2	5:41	8:22	
19	Sat	12:42	4.2	1:26	4.4	6:46	0.8	7:18	1.3	5:42	8:21	
20	Sun	1:27	4.0	2:09	4.4	7:36	0.9	8:20	1.3	5:43	8:21	
21	Mon	2:14	3.9	2:55	4.5	8:30	1.0	9:19	1.2	5:44	8:20	
22	Tue	3:05	3.8	3:45	4.6	9:23	0.9	10:14	1.0	5:45	8:19	
23	Wed	4:04	3.9	4:39	4.8	10:14	0.8	11:05	0.7	5:46	8:18	
24	Thu	5:03	4.0	5:30	5.1	11:04	0.7	11:53	0.4	5:46	8:17	
25	Fri	5:57	4.2	6:18	5.3	11:52	0.5			5:47	8:17	
26	Sat	6:45	4.4	7:03	5.6	12:42	0.2	12:42	0.3	5:48	8:16	
27	Sun	7:31	4.6	7:48	5.8	1:30	-0.1	1:32	0.1	5:49	8:15	
28	Mon	8:17	4.8	8:34	5.8	2:17	-0.3	2:23	0.0	5:50	8:14	
29	Tue	9:05	5.0	9:23	5.8	3:03	-0.5	3:12	-0.1	5:51	8:13	
30	Wed	9:56	5.1	10:15	5.6	3:48	-0.5	4:02	-0.1	5:52	8:12	
31	Thu	10:51	5.2	11:10	5.4	4:33	-0.5	4:53	0.1	5:53	8:11	