

































Belmar, NJ - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:31	3.9	1:37	3.3	7:51	0.9	7:51	0.6	7:18	4:41	
2	Mon	2:19	4.0	2:31	3.2	8:45	0.7	8:45	0.5	7:18	4:41	
3	Tue	3:13	4.1	3:31	3.2	9:39	0.5	9:33	0.4	7:18	4:42	
4	Wed	4:07	4.3	4:31	3.4	10:33	0.2	10:27	0.2	7:18	4:43	
5	Thu	4:55	4.6	5:19	3.6	11:21	-0.1	11:15	0.0	7:18	4:44	
6	Fri	5:43	4.9	6:07	3.8			12:09	-0.3	7:18	4:45	
7	Sat	6:25	5.1	6:55	4.0	12:03	-0.2	12:57	-0.6	7:18	4:46	
8	Sun	7:07	5.3	7:37	4.1	12:51	-0.4	1:39	-0.8	7:18	4:47	
9	Mon	7:55	5.3	8:25	4.3	1:39	-0.5	2:27	-0.9	7:18	4:48	
10	Tue	8:43	5.2	9:19	4.4	2:33	-0.5	3:09	-0.9	7:17	4:49	
11	Wed	9:37	4.9	10:13	4.4	3:21	-0.5	3:51	-0.8	7:17	4:50	
12	Thu	10:31	4.7	11:07	4.5	4:09	-0.3	4:39	-0.7	7:17	4:51	
13	Fri	11:25	4.4			5:09	-0.1	5:33	-0.5	7:17	4:52	
14	Sat	12:07	4.5	12:25	4.1	6:15	0.1	6:33	-0.3	7:16	4:53	
15	Sun	1:01	4.5	1:25	3.8	7:27	0.2	7:33	-0.1	7:16	4:54	
16	Mon	2:01	4.5	2:25	3.6	8:39	0.2	8:39	-0.1	7:15	4:55	
17	Tue	3:01	4.5	3:31	3.5	9:39	0.0	9:33	-0.1	7:15	4:57	
18	Wed	4:07	4.5	4:37	3.6	10:33	-0.1	10:27	-0.1	7:14	4:58	
19	Thu	5:01	4.6	5:31	3.8	11:27	-0.2	11:21	-0.1	7:14	4:59	
20	Fri	5:49	4.7	6:19	3.9			12:15	-0.4	7:13	5:00	
21	Sat	6:37	4.7	7:01	4.0	12:09	-0.2	12:57	-0.4	7:13	5:01	
22	Sun	7:13	4.7	7:43	4.0	12:57	-0.2	1:39	-0.5	7:12	5:02	
23	Mon	7:55	4.6	8:25	4.0	1:39	-0.2	2:21	-0.4	7:11	5:03	
24	Tue	8:31	4.4	9:07	4.0	2:21	-0.1	2:51	-0.4	7:11	5:05	
25	Wed	9:13	4.2	9:49	3.9	2:57	0.0	3:27	-0.2	7:10	5:06	
26	Thu	9:49	3.9	10:31	3.9	3:33	0.2	3:57	0.0	7:09	5:07	
27	Fri	10:31	3.7	11:13	3.8	4:09	0.4	4:27	0.2	7:08	5:08	
28	Sat	11:13	3.4	11:55	3.8	4:57	0.6	5:03	0.3	7:08	5:09	
29	Sun	11:55	3.2			5:45	0.7	5:45	0.5	7:07	5:11	
30	Mon	12:37	3.8	12:43	3.1	6:57	0.8	6:45	0.6	7:06	5:12	
31	Tue	1:25	3.8	1:43	3.0	8:03	0.7	7:57	0.6	7:05	5:13	