

































Belmar, NJ - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:15	4.4	6:37	5.6	12:14	0.1	12:06	0.1	5:30	8:29	
2	Sun	7:09	4.5	7:27	5.6	1:07	0.0	1:00	0.2	5:30	8:29	
3	Mon	8:00	4.6	8:14	5.5	1:59	-0.1	1:53	0.2	5:31	8:29	
4	Tue	8:50	4.6	9:01	5.4	2:47	-0.1	2:43	0.3	5:31	8:28	
5	Wed	9:39	4.5	9:46	5.1	3:31	-0.1	3:29	0.5	5:32	8:28	
6	Thu	10:28	4.5	10:32	4.9	4:11	0.0	4:12	0.6	5:33	8:28	
7	Fri	11:16	4.4	11:18	4.6	4:50	0.2	4:54	0.8	5:33	8:28	
8	Sat			12:03	4.4	5:28	0.4	5:40	1.0	5:34	8:27	
9	Sun	12:04	4.3	12:48	4.4	6:07	0.6	6:31	1.2	5:35	8:27	
10	Mon	12:49	4.1	1:31	4.4	6:50	0.8	7:29	1.3	5:35	8:27	
11	Tue	1:33	3.9	2:14	4.5	7:38	1.0	8:31	1.3	5:36	8:26	
12	Wed	2:20	3.7	2:59	4.5	8:30	1.0	9:29	1.2	5:37	8:26	
13	Thu	3:12	3.6	3:50	4.6	9:23	1.0	10:23	1.0	5:37	8:25	
14	Fri	4:12	3.6	4:44	4.7	10:14	1.0	11:13	0.8	5:38	8:25	
15	Sat	5:13	3.7	5:35	4.9	11:03	0.9			5:39	8:24	
16	Sun	6:06	3.9	6:22	5.2	12:02	0.6	11:52 AM	0.8	5:40	8:23	
17	Mon	6:52	4.1	7:06	5.4	12:50	0.3	12:41	0.6	5:40	8:23	
18	Tue	7:36	4.3	7:49	5.6	1:37	0.1	1:31	0.4	5:41	8:22	
19	Wed	8:20	4.5	8:33	5.6	2:22	-0.1	2:20	0.3	5:42	8:22	
20	Thu	9:06	4.7	9:19	5.6	3:05	-0.2	3:09	0.2	5:43	8:21	
21	Fri	9:54	4.8	10:08	5.4	3:47	-0.3	3:56	0.2	5:44	8:20	
22	Sat	10:45	5.0	11:00	5.2	4:28	-0.3	4:45	0.3	5:45	8:19	
23	Sun	11:39	5.1	11:55	4.9	5:11	-0.2	5:39	0.4	5:45	8:18	
24	Mon			12:34	5.2	5:58	-0.1	6:42	0.6	5:46	8:18	
25	Tue	12:52	4.7	1:28	5.2	6:53	0.1	7:53	0.7	5:47	8:17	
26	Wed	1:49	4.4	2:24	5.2	7:54	0.3	9:02	0.7	5:48	8:16	
27	Thu	2:49	4.2	3:24	5.2	8:59	0.4	10:07	0.6	5:49	8:15	
28	Fri	3:55	4.1	4:28	5.2	10:01	0.5	11:05	0.5	5:50	8:14	
29	Sat	5:02	4.2	5:30	5.2	10:59	0.4	11:59	0.3	5:51	8:13	
30	Sun	6:03	4.3	6:24	5.3	11:53	0.4			5:52	8:12	
31	Mon	6:55	4.5	7:12	5.4	12:50	0.2	12:45	0.4	5:53	8:11	