

































Belmar, NJ - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:03	4.4	10:28	4.9	3:52	-0.5	3:59	-0.6	6:29	5:47	
2	Fri	11:01	4.1	11:27	4.7	4:46	-0.2	4:49	-0.3	6:27	5:48	
3	Sat			12:02	3.8	5:52	0.1	5:53	0.1	6:26	5:49	
4	Sun	12:28	4.5	1:05	3.7	7:06	0.2	7:07	0.3	6:24	5:50	
5	Mon	1:32	4.4	2:11	3.6	8:18	0.2	8:20	0.3	6:23	5:51	
6	Tue	2:40	4.3	3:20	3.7	9:21	0.1	9:25	0.2	6:21	5:52	
7	Wed	3:48	4.4	4:24	4.0	10:16	-0.1	10:21	0.0	6:20	5:53	
8	Thu	4:47	4.5	5:17	4.3	11:05	-0.3	11:12	-0.2	6:18	5:55	
9	Fri	5:36	4.6	6:02	4.5	11:49	-0.4			6:17	5:56	
10	Sat	6:18	4.7	6:43	4.7	12:00	-0.3	12:31	-0.5	6:15	5:57	
11	Sun	6:58	4.7	7:21	4.8	12:45	-0.3	1:10	-0.4	6:13	5:58	
12	Mon	7:35	4.5	7:58	4.7	1:27	-0.3	1:46	-0.4	6:12	5:59	
13	Tue	8:13	4.3	8:35	4.6	2:06	-0.3	2:19	-0.2	6:10	6:00	
14	Wed	8:50	4.1	9:11	4.5	2:43	-0.2	2:50	0.0	6:09	6:01	
15	Thu	9:28	3.9	9:48	4.3	3:19	0.0	3:20	0.2	6:07	6:02	
16	Fri	10:09	3.6	10:29	4.1	3:55	0.3	3:50	0.5	6:05	6:03	
17	Sat	10:55	3.4	11:13	4.0	4:34	0.5	4:23	0.7	6:04	6:04	
18	Sun	11:45	3.3			5:24	0.8	5:07	0.9	6:02	6:05	
19	Mon	12:03	3.9	12:37	3.2	6:31	0.9	6:19	1.1	6:00	6:06	
20	Tue	12:57	3.9	1:35	3.2	7:42	0.9	7:42	1.0	5:59	6:07	
21	Wed	1:57	3.9	2:38	3.4	8:43	0.7	8:50	0.8	5:57	6:08	
22	Thu	3:02	4.1	3:40	3.7	9:36	0.4	9:47	0.5	5:56	6:09	
23	Fri	4:03	4.4	4:35	4.1	10:23	0.0	10:39	0.1	5:54	6:10	
24	Sat	4:56	4.7	5:22	4.6	11:09	-0.3	11:30	-0.3	5:52	6:11	
25	Sun	5:44	4.9	6:06	5.0	11:54	-0.5			5:51	6:12	
26	Mon	6:29	5.1	6:50	5.4	12:21	-0.6	12:39	-0.7	5:49	6:13	
27	Tue	7:15	5.1	7:35	5.6	1:12	-0.8	1:24	-0.8	5:47	6:14	
28	Wed	8:03	4.9	8:23	5.6	2:01	-0.8	2:09	-0.8	5:46	6:15	
29	Thu	8:55	4.7	9:14	5.4	2:50	-0.8	2:54	-0.6	5:44	6:17	
30	Fri	9:51	4.5	10:11	5.2	3:40	-0.5	3:42	-0.3	5:42	6:18	
31	Sat	10:52	4.2	11:13	4.9	4:35	-0.2	4:36	0.0	5:41	6:19	