






























## Belmar, NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:19	4.3	3:00	4.6	8:44	0.5	9:15	1.0	5:28	8:19	
2	Sat	3:10	4.1	3:51	4.7	9:33	0.6	10:09	0.9	5:28	8:19	
3	Sun	4:04	4.0	4:41	4.8	10:17	0.6	10:57	0.7	5:27	8:20	
4	Mon	4:59	3.9	5:28	4.9	10:59	0.6	11:42	0.6	5:27	8:21	
5	Tue	5:49	4.0	6:11	5.0	11:40	0.6			5:27	8:21	
6	Wed	6:34	4.0	6:51	5.1	12:26	0.5	12:21	0.7	5:26	8:22	
7	Thu	7:16	4.1	7:29	5.2	1:10	0.4	1:03	0.7	5:26	8:23	
8	Fri	7:56	4.1	8:06	5.1	1:54	0.3	1:46	0.7	5:26	8:23	
9	Sat	8:36	4.0	8:41	5.1	2:36	0.3	2:27	0.8	5:26	8:24	
10	Sun	9:16	4.0	9:18	5.0	3:15	0.3	3:07	0.8	5:26	8:24	
11	Mon	9:56	4.0	9:56	4.9	3:53	0.3	3:44	0.9	5:25	8:25	
12	Tue	10:39	4.0	10:38	4.8	4:29	0.3	4:22	0.9	5:25	8:25	
13	Wed	11:26	4.1	11:27	4.7	5:07	0.4	5:04	1.0	5:25	8:26	
14	Thu			12:15	4.3	5:47	0.4	5:57	1.0	5:25	8:26	
15	Fri	12:20	4.6	1:04	4.5	6:35	0.4	7:04	1.1	5:25	8:27	
16	Sat	1:14	4.5	1:55	4.8	7:30	0.4	8:19	0.9	5:25	8:27	
17	Sun	2:11	4.4	2:50	5.0	8:29	0.3	9:28	0.7	5:25	8:27	
18	Mon	3:13	4.3	3:50	5.3	9:29	0.2	10:30	0.4	5:26	8:28	
19	Tue	4:20	4.3	4:53	5.6	10:27	0.1	11:29	0.1	5:26	8:28	
20	Wed	5:27	4.4	5:53	5.8	11:24	-0.1			5:26	8:28	
21	Thu	6:27	4.6	6:49	6.0	12:26	-0.1	12:20	-0.1	5:26	8:28	
22	Fri	7:23	4.8	7:42	6.0	1:22	-0.3	1:18	-0.2	5:26	8:29	
23	Sat	8:18	4.9	8:34	5.9	2:17	-0.5	2:15	-0.1	5:27	8:29	
24	Sun	9:13	4.9	9:27	5.7	3:08	-0.5	3:08	0.0	5:27	8:29	
25	Mon	10:08	4.8	10:20	5.4	3:56	-0.4	3:59	0.1	5:27	8:29	
26	Tue	11:04	4.8	11:13	5.1	4:42	-0.3	4:49	0.4	5:28	8:29	
27	Wed	11:57	4.8			5:28	0.0	5:40	0.7	5:28	8:29	
28	Thu	12:05	4.8	12:48	4.7	6:16	0.2	6:36	0.9	5:28	8:29	
29	Fri	12:55	4.5	1:35	4.7	7:05	0.5	7:36	1.1	5:29	8:29	
30	Sat	1:42	4.2	2:21	4.7	7:55	0.7	8:36	1.1	5:29	8:29	