
































## Belmar, NJ - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:03	3.9	5:22	4.8	10:58	1.0	11:42	0.6	6:23	7:28	
2	Sun	5:53	4.2	6:09	5.1	11:45	0.8			6:24	7:26	
3	Mon	6:36	4.6	6:50	5.3	12:24	0.3	12:32	0.5	6:25	7:25	
4	Tue	7:15	4.9	7:30	5.4	1:06	0.1	1:19	0.3	6:26	7:23	
5	Wed	7:54	5.2	8:10	5.4	1:47	-0.1	2:06	0.1	6:27	7:22	
6	Thu	8:33	5.4	8:53	5.3	2:28	-0.2	2:52	0.1	6:28	7:20	
7	Fri	9:16	5.5	9:38	5.1	3:08	-0.2	3:38	0.1	6:29	7:18	
8	Sat	10:03	5.5	10:29	4.9	3:48	-0.1	4:25	0.2	6:30	7:17	
9	Sun	10:55	5.5	11:27	4.6	4:30	0.0	5:17	0.4	6:31	7:15	
10	Mon	11:55	5.3			5:17	0.3	6:19	0.7	6:32	7:13	
11	Tue	12:30	4.4	12:57	5.2	6:15	0.6	7:31	0.8	6:33	7:12	
12	Wed	1:33	4.3	2:00	5.1	7:28	0.8	8:44	0.8	6:33	7:10	
13	Thu	2:38	4.2	3:05	5.0	8:44	0.8	9:50	0.6	6:34	7:08	
14	Fri	3:45	4.3	4:12	5.1	9:52	0.7	10:46	0.4	6:35	7:07	
15	Sat	4:51	4.6	5:14	5.2	10:51	0.5	11:36	0.2	6:36	7:05	
16	Sun	5:48	4.9	6:07	5.3	11:45	0.4			6:37	7:03	
17	Mon	6:37	5.1	6:53	5.3	12:23	0.1	12:34	0.2	6:38	7:02	
18	Tue	7:20	5.3	7:35	5.3	1:06	0.0	1:22	0.2	6:39	7:00	
19	Wed	8:01	5.4	8:15	5.1	1:47	0.0	2:07	0.2	6:40	6:58	
20	Thu	8:40	5.4	8:54	4.9	2:26	0.1	2:49	0.2	6:41	6:57	
21	Fri	9:18	5.3	9:33	4.7	3:02	0.3	3:29	0.4	6:42	6:55	
22	Sat	9:57	5.1	10:14	4.4	3:36	0.5	4:07	0.6	6:43	6:53	
23	Sun	10:37	4.9	10:59	4.1	4:09	0.7	4:46	0.8	6:44	6:52	
24	Mon	11:21	4.7	11:49	3.9	4:41	1.0	5:28	1.1	6:45	6:50	
25	Tue			12:10	4.5	5:17	1.2	6:18	1.3	6:46	6:48	
26	Wed	12:41	3.7	1:01	4.4	6:03	1.5	7:22	1.4	6:47	6:47	
27	Thu	1:34	3.7	1:52	4.4	7:12	1.6	8:29	1.3	6:48	6:45	
28	Fri	2:29	3.7	2:47	4.4	8:29	1.6	9:28	1.2	6:49	6:44	
29	Sat	3:26	3.8	3:45	4.5	9:34	1.4	10:18	0.9	6:50	6:42	
30	Sun	4:24	4.1	4:42	4.7	10:29	1.1	11:03	0.6	6:51	6:40	