

































## Belmar, NJ - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:15	4.5	5:33	5.0	11:18	0.7	11:46	0.3	6:52	6:39	
2	Tue	6:01	4.9	6:19	5.2			12:07	0.4	6:53	6:37	
3	Wed	6:43	5.3	7:03	5.3	12:28	0.0	12:55	0.1	6:54	6:35	
4	Thu	7:24	5.7	7:47	5.4	1:11	-0.2	1:45	-0.1	6:55	6:34	
5	Fri	8:07	5.9	8:32	5.3	1:55	-0.3	2:34	-0.2	6:56	6:32	
6	Sat	8:52	6.0	9:22	5.1	2:40	-0.3	3:23	-0.2	6:57	6:30	
7	Sun	9:42	5.9	10:16	4.8	3:25	-0.2	4:13	0.0	6:58	6:29	
8	Mon	10:38	5.7	11:18	4.6	4:13	0.0	5:06	0.2	6:59	6:27	
9	Tue	11:40	5.4			5:04	0.3	6:07	0.5	7:00	6:26	
10	Wed	12:23	4.4	12:45	5.2	6:06	0.6	7:17	0.6	7:01	6:24	
11	Thu	1:27	4.4	1:48	5.0	7:19	0.9	8:27	0.7	7:02	6:23	
12	Fri	2:29	4.4	2:50	4.9	8:34	0.9	9:30	0.5	7:03	6:21	
13	Sat	3:32	4.5	3:52	4.8	9:41	0.8	10:24	0.4	7:04	6:20	
14	Sun	4:32	4.7	4:52	4.8	10:38	0.6	11:11	0.2	7:05	6:18	
15	Mon	5:27	5.0	5:44	4.9	11:28	0.5	11:53	0.2	7:06	6:17	
16	Tue	6:13	5.2	6:29	4.9			12:15	0.3	7:07	6:15	
17	Wed	6:54	5.4	7:09	4.9	12:34	0.2	1:00	0.3	7:08	6:14	
18	Thu	7:32	5.4	7:48	4.8	1:13	0.2	1:43	0.2	7:09	6:12	
19	Fri	8:08	5.4	8:26	4.6	1:50	0.3	2:24	0.2	7:10	6:11	
20	Sat	8:44	5.3	9:04	4.4	2:27	0.4	3:04	0.3	7:12	6:09	
21	Sun	9:20	5.1	9:44	4.2	3:03	0.6	3:42	0.5	7:13	6:08	
22	Mon	9:57	4.9	10:26	3.9	3:37	0.8	4:19	0.7	7:14	6:06	
23	Tue	10:38	4.7	11:15	3.8	4:10	1.0	4:58	0.9	7:15	6:05	
24	Wed	11:25	4.5			4:45	1.2	5:43	1.0	7:16	6:04	
25	Thu	12:08	3.7	12:17	4.4	5:26	1.4	6:38	1.2	7:17	6:02	
26	Fri	1:01	3.7	1:10	4.3	6:25	1.5	7:41	1.1	7:18	6:01	
27	Sat	1:53	3.8	2:03	4.3	7:45	1.5	8:41	1.0	7:19	6:00	
28	Sun	1:44	3.9	1:58	4.4	7:57	1.3	8:34	0.7	6:20	4:58	
29	Mon	2:39	4.3	2:57	4.5	8:57	1.0	9:21	0.4	6:21	4:57	
30	Tue	3:33	4.7	3:55	4.7	9:51	0.6	10:07	0.1	6:23	4:56	
31	Wed	4:25	5.1	4:48	4.9	10:42	0.2	10:52	-0.1	6:24	4:55	