
































Belmar, NJ - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:12	5.6	5:37	5.0	11:33	-0.1	11:38	-0.3	6:25	4:53	
2	Fri	5:58	5.9	6:26	5.1			12:25	-0.3	6:26	4:52	
3	Sat	6:45	6.1	7:15	5.0	12:27	-0.4	1:18	-0.4	6:27	4:51	
4	Sun	7:34	6.1	8:08	4.9	1:17	-0.4	2:10	-0.4	6:28	4:50	
5	Mon	8:26	5.9	9:05	4.7	2:08	-0.3	3:01	-0.3	6:30	4:49	
6	Tue	9:24	5.6	10:08	4.5	3:00	-0.1	3:54	-0.1	6:31	4:48	
7	Wed	10:26	5.3	11:12	4.4	3:54	0.2	4:52	0.1	6:32	4:47	
8	Thu	11:30	5.0			4:54	0.5	5:55	0.3	6:33	4:46	
9	Fri	12:14	4.4	12:30	4.8	6:04	0.8	7:00	0.4	6:34	4:45	
10	Sat	1:12	4.5	1:27	4.6	7:16	0.8	8:00	0.4	6:35	4:44	
11	Sun	2:09	4.5	2:24	4.4	8:21	0.8	8:53	0.3	6:36	4:43	
12	Mon	3:05	4.7	3:21	4.3	9:18	0.6	9:39	0.3	6:38	4:42	
13	Tue	3:58	4.8	4:15	4.3	10:07	0.5	10:20	0.2	6:39	4:41	
14	Wed	4:44	5.0	5:02	4.3	10:53	0.3	11:00	0.3	6:40	4:40	
15	Thu	5:26	5.1	5:44	4.3	11:36	0.2	11:39	0.3	6:41	4:39	
16	Fri	6:04	5.2	6:24	4.3			12:19	0.2	6:42	4:38	
17	Sat	6:41	5.2	7:03	4.2	12:18	0.4	1:01	0.2	6:43	4:38	
18	Sun	7:17	5.1	7:41	4.1	12:57	0.4	1:41	0.2	6:45	4:37	
19	Mon	7:52	5.0	8:20	3.9	1:36	0.5	2:20	0.3	6:46	4:36	
20	Tue	8:28	4.8	9:01	3.8	2:13	0.7	2:58	0.4	6:47	4:36	
21	Wed	9:06	4.6	9:46	3.7	2:48	0.8	3:35	0.5	6:48	4:35	
22	Thu	9:48	4.4	10:34	3.6	3:23	0.9	4:14	0.6	6:49	4:34	
23	Fri	10:36	4.3	11:25	3.7	4:02	1.1	4:58	0.7	6:50	4:34	
24	Sat	11:28	4.2			4:51	1.2	5:49	0.7	6:51	4:33	
25	Sun	12:14	3.8	12:21	4.2	6:00	1.2	6:47	0.6	6:52	4:33	
26	Mon	1:03	4.0	1:15	4.2	7:16	1.1	7:44	0.4	6:53	4:32	
27	Tue	1:55	4.3	2:14	4.2	8:24	0.8	8:38	0.2	6:54	4:32	
28	Wed	2:52	4.7	3:17	4.3	9:24	0.4	9:29	0.0	6:56	4:31	
29	Thu	3:50	5.1	4:19	4.4	10:20	0.0	10:20	-0.3	6:57	4:31	
30	Fri	4:45	5.5	5:15	4.6	11:14	-0.3	11:12	-0.5	6:58	4:31	