































Belmar, NJ - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:56	5.0	8:17	6.2	1:54	-0.6	2:01	-0.3	5:30	8:29	
2	Tue	8:50	5.2	9:10	6.1	2:46	-0.8	2:56	-0.4	5:31	8:29	
3	Wed	9:45	5.2	10:05	5.9	3:36	-0.8	3:49	-0.3	5:31	8:29	
4	Thu	10:43	5.2	11:02	5.6	4:25	-0.7	4:42	-0.1	5:32	8:28	
5	Fri	11:41	5.2	11:59	5.3	5:14	-0.6	5:38	0.1	5:32	8:28	
6	Sat			12:38	5.2	6:06	-0.3	6:39	0.4	5:33	8:28	
7	Sun	12:55	5.0	1:32	5.1	7:02	0.0	7:44	0.6	5:33	8:28	
8	Mon	1:49	4.7	2:24	5.0	8:00	0.2	8:49	0.7	5:34	8:27	
9	Tue	2:43	4.5	3:18	5.0	8:56	0.3	9:48	0.7	5:35	8:27	
10	Wed	3:40	4.3	4:13	4.9	9:50	0.4	10:42	0.6	5:35	8:26	
11	Thu	4:38	4.2	5:07	5.0	10:39	0.5	11:31	0.5	5:36	8:26	
12	Fri	5:33	4.2	5:55	5.1	11:25	0.5			5:37	8:26	
13	Sat	6:22	4.3	6:39	5.1	12:17	0.4	12:10	0.5	5:38	8:25	
14	Sun	7:07	4.4	7:20	5.2	1:01	0.3	12:54	0.5	5:38	8:24	
15	Mon	7:49	4.5	7:58	5.1	1:44	0.2	1:38	0.5	5:39	8:24	
16	Tue	8:30	4.5	8:35	5.1	2:25	0.2	2:21	0.5	5:40	8:23	
17	Wed	9:11	4.5	9:11	4.9	3:03	0.2	3:02	0.6	5:41	8:23	
18	Thu	9:51	4.4	9:46	4.8	3:39	0.2	3:40	0.7	5:42	8:22	
19	Fri	10:31	4.4	10:22	4.6	4:13	0.3	4:16	0.8	5:42	8:21	
20	Sat	11:12	4.4	11:00	4.5	4:45	0.4	4:54	0.9	5:43	8:21	
21	Sun	11:53	4.4	11:45	4.3	5:18	0.5	5:36	1.0	5:44	8:20	
22	Mon			12:37	4.5	5:54	0.6	6:29	1.1	5:45	8:19	
23	Tue	12:35	4.2	1:23	4.6	6:41	0.7	7:36	1.1	5:46	8:18	
24	Wed	1:28	4.2	2:13	4.8	7:43	0.7	8:46	0.9	5:47	8:17	
25	Thu	2:27	4.2	3:11	5.0	8:49	0.6	9:51	0.7	5:48	8:17	
26	Fri	3:33	4.2	4:15	5.3	9:53	0.4	10:50	0.3	5:48	8:16	
27	Sat	4:43	4.4	5:18	5.6	10:53	0.2	11:45	0.0	5:49	8:15	
28	Sun	5:47	4.7	6:15	5.9	11:51	-0.1			5:50	8:14	
29	Mon	6:45	5.0	7:09	6.1	12:40	-0.4	12:48	-0.3	5:51	8:13	
30	Tue	7:39	5.3	8:01	6.2	1:33	-0.6	1:45	-0.4	5:52	8:12	
31	Wed	8:32	5.5	8:53	6.1	2:25	-0.8	2:40	-0.5	5:53	8:11	