































Belmar, NJ - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:21	3.8	4:51	4.7	10:24	1.0	11:15	0.8	5:54	8:10	
2	Sun	5:20	3.8	5:42	4.8	11:12	0.9			5:55	8:09	
3	Mon	6:10	4.0	6:28	5.0	12:00	0.7	11:58 AM	0.8	5:56	8:08	
4	Tue	6:55	4.2	7:09	5.1	12:43	0.5	12:43	0.8	5:57	8:07	
5	Wed	7:35	4.3	7:46	5.1	1:25	0.4	1:27	0.7	5:58	8:05	
6	Thu	8:13	4.4	8:22	5.1	2:05	0.3	2:10	0.6	5:59	8:04	
7	Fri	8:49	4.5	8:56	5.0	2:42	0.2	2:50	0.6	6:00	8:03	
8	Sat	9:23	4.5	9:30	4.8	3:16	0.2	3:27	0.7	6:00	8:02	
9	Sun	9:56	4.6	10:05	4.6	3:48	0.3	4:03	0.7	6:01	8:01	
10	Mon	10:32	4.6	10:44	4.4	4:18	0.3	4:40	0.8	6:02	7:59	
11	Tue	11:13	4.7	11:32	4.3	4:49	0.4	5:22	0.9	6:03	7:58	
12	Wed			12:01	4.8	5:25	0.5	6:17	1.1	6:04	7:57	
13	Thu	12:26	4.1	12:55	4.9	6:11	0.7	7:30	1.1	6:05	7:55	
14	Fri	1:26	4.0	1:54	5.0	7:17	0.8	8:47	1.0	6:06	7:54	
15	Sat	2:30	4.0	2:58	5.1	8:34	0.7	9:55	0.8	6:07	7:53	
16	Sun	3:40	4.1	4:09	5.3	9:47	0.6	10:55	0.4	6:08	7:51	
17	Mon	4:52	4.3	5:17	5.5	10:52	0.3	11:50	0.1	6:09	7:50	
18	Tue	5:55	4.7	6:16	5.8	11:51	0.0			6:10	7:49	
19	Wed	6:51	5.1	7:09	5.9	12:43	-0.3	12:49	-0.2	6:11	7:47	
20	Thu	7:42	5.4	7:59	5.9	1:34	-0.5	1:44	-0.3	6:12	7:46	
21	Fri	8:32	5.6	8:48	5.8	2:22	-0.6	2:37	-0.3	6:13	7:44	
22	Sat	9:21	5.7	9:36	5.5	3:08	-0.6	3:27	-0.2	6:14	7:43	
23	Sun	10:11	5.6	10:26	5.2	3:51	-0.5	4:15	0.0	6:15	7:41	
24	Mon	11:02	5.4	11:18	4.8	4:34	-0.2	5:03	0.3	6:16	7:40	
25	Tue	11:53	5.2			5:16	0.2	5:54	0.6	6:17	7:38	
26	Wed	12:12	4.4	12:44	5.0	6:03	0.6	6:51	1.0	6:18	7:37	
27	Thu	1:05	4.1	1:34	4.8	6:56	1.0	7:55	1.2	6:19	7:35	
28	Fri	1:57	3.9	2:26	4.6	7:58	1.2	8:59	1.2	6:20	7:34	
29	Sat	2:52	3.8	3:20	4.5	9:00	1.3	9:56	1.1	6:21	7:32	
30	Sun	3:52	3.8	4:18	4.6	9:57	1.2	10:45	1.0	6:22	7:31	
31	Mon	4:51	3.9	5:13	4.7	10:48	1.1	11:29	0.8	6:23	7:29	